Michael L. Stellefson, Ph.D., MCHES®

Professor

Endowed Academic Chair in Human Environmental Sciences

Ph.D. Program Coordinator

Department of Health Science

The University of Alabama

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**PRIMARY RESEARCH INTERESTs**

* Health disparities in Chronic Obstructive Pulmonary Disease (COPD)
* Usability and acceptability of health behavior technologies
* Electronic health (eHealth) literacy across the lifespan

**EDUCATION**

**Texas A&M University,** College Station, TX **Ph.D. 2008**

***Major: Health Education***

**Coursework Included:** Survey of Marketing, Advanced Health Behavior Theory, Directed Study in Health Education II, Experimental Design in Education II, Applied Multivariate Methods, Naturalistic Inquiry, Professional Skill Development in Health Education, Writing for the Health Professions, Theory of Research in the Discipline, Project Management

**Texas A&M University,** College Station, TX **M.S. 2005**

***Major: Health Education***

**Coursework Included:** Health Program Planning, Seminar in Health Education, Experimental Design in Education I, Foundations of Entrepreneurship, Health Research Methods, Directed Study in Health Education, Applied Epidemiology, Health Program Evaluation, Professional Internship, Behavioral Foundations of Health

**University of Pittsburgh,** Pittsburgh, PA **B.S. 2004**

***Major: Psychology***

**Coursework Included:** Research Methods, Research Writing, Learning and Motivation, Developmental Psychology, Health Psychology, Sensation and Perception, Abnormal Psychology, Social Psychology and Health, Nutrition in Exercise and Sports, Principles of Strength Training, Public Speaking, Statistics, Natural Sciences, Directed Study in Psychology

**PROFESSIONAL EXPERIENCE**

**Professor (tenured), The University of Alabama 2020 – Present**

**College of Human Environmental Sciences**

**Department of Health Science**

* Graduate Faculty, Department of Health Science
* Faculty Associate, Alabama Research Institute on Aging (2021 – Present)
* PhD Program Coordinator (2021 – Present)
* Endowed Academic Chair in Human Environmental Sciences (2021-2024)

**Associate Professor (tenured), East Carolina University 2017 – 2020**

**College of Health and Human Performance,**

**Department of Health Education and Promotion**

* Graduate Faculty, Department of Health Education and Promotion

**Courtesy Faculty, University of Florida 2017 – 2018**

**College of Health and Human Performance,**

**Department of Health Education and Behavior**

* Graduate Faculty, Department of Health Education and Behavior

**Associate Chair, University of Florida 2016 – 2017**

**College of Health and Human Performance,**

**Department of Health Education and Behavior**

* Responsible for providing oversight of the department’s academic affairs and programs, including the routine function of department teaching and other education programs. Position entailed leading and coordinating educational program development and improvement.

**Assistant Professor (tenure-track), University of Florida 2010 – 2017**

**College of Health and Human Performance,**

**Department of Health Education and Behavior**

* Graduate Faculty, Department of Health Education and Behavior
* Contributing Faculty Member,Center for Digital Health and Wellness, University of Florida, 2010–2016
* Co-Administrator, *Qualtrics* Survey Software License, College of Health and Human Performance, Department of Health Education and Behavior, 2010–2013

**Assistant Professor (tenure-track), Coastal Carolina University 2009 – 2010**

**College of Natural and Applied Sciences,**

**School of Health, Kinesiology and Sport Science, Health Promotion Program**

* Academic Coordinator of the *Swain Scholars Program* (Appointed by Dean of the College of Natural and Applied Sciences), a multidisciplinary community health outreach program for exemplary undergraduate student researchers in Biology, Chemistry, Exercise Science, and Health Promotion. Supervised program’s research activities in clinical and community-based settings.

**Assistant Instructional Professor, Texas A&M University 2009**

**College of Education and Human Development,**

**Department of Health and Kinesiology, Division of Health Education**

* Graduate Faculty Member

**Lecturer, Texas A&M University 2008**

**College of Education and Human Development,**

**Department of Health and Kinesiology, Division of Health Education**

**Graduate Teaching Assistant, Texas A&M University 2004 – 2008**

**Department of Health and Kinesiology, Office of Health Informatics**

* Responsible for assisting in the development and coordination of undergraduate, distance education courses in Health Education. Designed online course applications and lectures for each course taught through the Department of Health and Kinesiology

**Intern**, **Texas A&M University 2006**

**Department of Health and Kinesiology**

* Responsible for serving as Intern for *HLTH 415 – Health Education Methodology* (Summer). Assisted instructor of record with an evaluation of the course. Delivered 1/3 of the lectures on topics relevant to health behavior theory, principles of health education, and health intervention strategies

**Intern**, **Texas A&M University 2005**

**Department of Health and Kinesiology**

* Responsible for serving as Intern for *HLTH 240 – Computer Technology in Health and Kinesiology* (Summer). Assisted instructor of record with implementation and evaluation of the course. Course content included classroom instruction in Microsoft Word, Excel, PowerPoint, Access, and FrontPage applications

**Publications**

## Refereed Articles (\* Graduate Student, \*\* Undergraduate Student)

**2024**

115. **Stellefson, M.**, Wang, M. Q., Flora, S.\*, & Campbell, O.\*\* (2024). Demographic and behavioral risk factors predict functional limitations associated with subjective cognitive decline in Americans with chronic obstructive pulmonary disease: A secondary analysis. *International Journal of Environmental Research and Public Health.* *21*(3), 278.

114. MacEachern, T.\*, Haizelden, J.\*, & **Stellefson, M.** (published online). Leveraging multi-level influences for proactive campus health: A commentary on social-ecological model integration during public health emergencies. *American Journal of Health Education*. <https://doi.org/10.1080/19325037.2024.2338082>

113. McFadden, N. T.\*, Wilkerson, A. H., Jaiswal, J., Chaney, B. H., **Stellefson, M. L.**, Carmack, H. J., & Lovett, K.\* (2024). Barriers and facilitators impacting disease and symptom management among college students with Type 1 Diabetes: A qualitative study. *American Journal of Health Promotion,* 1-12. doi: 10.1177/08901171241233407

112. McFadden, N. T.\*, Wilkerson, A. H., Jaiswal, J., Chaney, B. H., **Stellefson, M.**, Carmack, H. J. & Lovett, K.\* (accepted; in press). Disease management experiences among college students with Type 1 Diabetes: A qualitative study. *American Journal of Health Education*.

111. **Stellefson, M.**, Boyd, I.\*\*, Flora, S.\*, Campbell, O.\*\*, & Knowlden, A. (2024). Health literacy assessment of NHLBI COPD education playlist on YouTube. *American Journal of Health Education*, *55*(3), 177-188.

**2023**

110. Williamson, M. M.\*, & **Stellefson, M.** (2023).Make room for cultural competence: A commentary on *¡Haz Espacio para Papi!*. *American Journal of Health Education*. *54*(6), 413-416.

109. Chaney, B., **Stellefson, M.**, Chaney, D., Opp, M., Lovett, K.\*, & Allard, M.\*\* (2023). COVID-19 health education activities: An analysis of a national sample of Certified Health Education Specialists (CHES®/MCHES®) in response to the global pandemic. (published online). *Health Promotion Practice* <https://doi.org/10.1177/15248399231184447>

108. Becker, C. M., **Stellefson, M.**, Hoglund, L., Martin, R., Bian, H., & Odom, A.\* (2023). Perceived health interests of college students. (published online). *American Journal of College Health*. <https://doi.org/10.1080/07448481.2023.2198019>

**2022**

107. Moore, J.\*, Turner, L., Chaney, B., & **Stellefson, M.** (2022). Dental hygiene behaviors among young adults: A systematic review of surveys using the theory of planned behavior. *American Journal of Health Education.* *53*(5), 312-324.

106. **Stellefson, M.,** Ford, C. D., Wang, M. Q., Cline, I.\*\*, & Kinder, C.\*\*(2022).Role of socioeconomic factors on physical and mental distress reported by Alabama adults with COPD. *Southern Medical Journal*. *115*(6), 374-380.

105. Darville-Sanders, G., Anderson-Lewis, C., **Stellefson, M.**, Lee, Y. H., MacInnes, J., Pigg, R. M., & Mercado, R. (2022). mHealth video gaming for HPV vaccination among college men – qualitative inquiry for development. *mHealth*. *8*, 22.

104. **Stellefson, M.,** Kinder, C.\*\*, Boyd, I.\*\*, Elijah, O.\*, Naher, S.\*, & McFadden, N.\* (2022). COPD self-management for adults living in rural areas: Systematic review of telehealth and non-telehealth interventions. *American Journal of Health Education*. *53*(5), 269-281.

103. Becker, C., Bian, H., Martin, R., Sewell, K., **Stellefson, M.**, & Chaney, B. (2022). Development and field test of the Salutogenic Wellness Promotion Scale - Short Form (SWPS-SF) in American college students. *Global Health Promotion*. [https://doi.org/10.1177/17579759221102193](https://nam11.safelinks.protection.outlook.com/?url=https%3A%2F%2Fdoi.org%2F10.1177%2F17579759221102193&data=05%7C01%7Cstell001%40ches.ua.edu%7C3d39e2152f6149a958b808da730094c6%7C2a00728ef0d040b4a4e8ce433f3fbca7%7C0%7C0%7C637948743573568514%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=HelzLhr1KcOA9th171jYYPwwtkEONKK%2FtTthd%2FJkfuw%3D&reserved=0)

102. Bopp, T., Vadeboncoeur, J. D., Roetert, E. P., **Stellefson, M.** (2022). Physical literacy research in the United States: Systematic review of academic literature. *American Journal of Health Education*. *53*(5), 282-296.

101. Knowlden, A., Wilkerson, A., Dunlap, K.\*, **Stellefson, M.**, & Elijah, O.\* (2022). Systematic review of electronically delivered behavioral obesity prevention interventions targeting men. *Obesity Reviews*. *23*, e13456. <https://doi.org/10.1111/obr.13456>

100. Cohen, S.\*, **Stellefson, M.,** &Bopp, T.(2022). Changes in mental health should be measured when evaluating outdoor education programs for urban youth. *American Journal of Health Education*. *53*(2), 72-75.

99. Leeman, R. F., Berey, B. L.\*, Frohe, T.\*, Rowland, B. H. P., Martens, M. P., Fucito, L. M., **Stellefson, M.**, Nixon, S. J., & O’Malley, S. S. (2022). A combined laboratory and field test of a smartphone breath alcohol device and blood alcohol content estimator to facilitate moderate drinking among young adults. *Psychology of Addictive Behaviors, 36*(6), 710-723. [https://doi.org/10.1037/adb0000780](https://psycnet.apa.org/doi/10.1037/adb0000780)

98. Hanik, B., **Stellefson, M.**, & Wang, M.Q. (2022). What does COVID-19 vaccine efficacy really mean? Interpreting clinical trial results in the context of relative and absolute risk reduction. *American Journal of Health Education*. *53*(2), 63-66.

**2021**

97. Espevik, A.\*\*, & **Stellefson, M.** Calls to action for health educators: Applying a social-ecological framework for patients with limited English proficiency. (2021). *American Journal of Health Education*. *53*(1), 1-5.

96. Bopp, T., **Stellefson, M.**, Stewart, M.\*, Zhang, L.\*\*, Apperson, A.\*\*, & Odio, M. (2021). Wellness in transitions out of college sports participation: Experiences of former NCAA Division I student-athletes. *Journal for the Study of Sports and Athletes in Education.* <https://doi.org/10.1080/19357397.2021.1989273>

95.**Stellefson, M.**, Wang, M. Q., & Kinder, C.\*\* (2021). Racial disparities in health risk indicators reported by Alabamians diagnosed with COPD. *International Journal of Environmental Research and Public Health, 18*(18), 9662*.*

94. Paige, S. R., Flood-Grady, E., Krieger, J. L., **Stellefson, M.**, & Miller, M. D. (2021). Measuring health information seeking challenges in chronic disease: A psychometric analysis of a brief scale. *Chronic Illness, 17*(2), 151-156.

**2020**

93. **Stellefson, M.**, Paige, S. R., Wang, M. Q., & Chaney, B. H. (2020). Competency-based recommendations for health education specialists to prevent the spread of COVID-19 among adults with COPD. *American Journal of Health Education, 52*(1), 18-22*.*

92.**Stellefson, M.**, Ferguson, L.\*\*, Spratt, S.\*\*, & Zhang, L.\*\* (2020). Development of conceptual animation video library to explain health behavior theory applications from the peer-reviewed public health literature. *American Journal of Health Education*, *51*(6), 339-349.

91. **Stellefson, M.**, Wang, M. Q., Balanay, J. A. G., Wu, R., & Paige, S. R. (2020). Latent health risk factors associated with poor mental and physical outcomes in workers with COPD from Central Appalachian U.S. states. *International Journal of Environmental Research and Public Health, 17*(18), 6798.

90. **Stellefson, M.**, Wang, M. Q., Balanay, J. A. G., & Wu, R. (2020). Health risk disparities among employed adults with COPD living in Central Appalachian U.S. states. *American Journal of Health Education, 51*(5)*,* 265-277*.*

89. **Stellefson, M.**, Bopp, T., Odio, M., Wang, M. Q., & Zhang, L.\*\* (2020). Development of the life after sports transition (LAST) online course for collegiate student-athletes: Pretest-posttest study. *Journal of Athlete Development and Experience, 2(2), Article 4.*

88. **Stellefson, M.**, Paige, S. R., Chaney, B. H., & Chaney, J.D. (2020). Social media and health promotion. *International Journal of Environmental Research and Public Health, 17*(9), 3323.

87. **Stellefson, M.**, Paige, S. R., Chaney, B. H., & Chaney, J.D. (2020). Evolving role of social media in health promotion: Updated responsibilities for health education specialists. *International Journal of Environmental Research and Public Health, 17*(4)*,* 1153.

86. Bopp, T., & **Stellefson, M.** (2020). Practical and ethical consideration for schools using social media to promote physical literacy in youth. *International Journal of Environmental Research and Public Health, 17,* 1225*.*

85. Menn, M. Payne-Purvis, C., Alber, J., Chaney, B., **Stellefson, M.**, & Sneed-Murphy, S. (2020). The health education research experience (HERE) program metadata dataset. *Data in Brief, 29,* 105180.

84. Paige, S. R., Damianai, R. E., Flood-Grady, E., Krieger, J. L., & **Stellefson, M.** (2020). The perceived availability of online social support: Exploring the contributions of illness and rural identities in adults with chronic respiratory illness. *International Journal of Environmental Research and Public Health*, *17*, 242.

**2019**

83. Apperson, A.\*\*, **Stellefson, M.**, Paige, S., Chaney, B., Chaney, J.D., Wang, M.Q., & Mohan, A. (2019). Facebook groups on chronic obstructive pulmonary disease: Social media content analysis. *International Journal of Environmental Research and Public Health, 16*, 3789.

82. Paige, S. R.\*, **Stellefson, M.**, Krieger, J. L., Miller, M. D., Cheong, J., & Anderson-Lewis, C. (2019). Transactional eHealth literacy: Developing and testing a multi-dimensional instrument. *Journal of Health Communication*, *24*(10), 737-748.

81. **Stellefson, M.**, Wang, M. Q., Apperson, A.\*\*, Bopp, T., & Zhang, L.\*\* (2019). Health promotion and chronic disease prevention after the game ends: The emerging role of certified health education specialists in wellness coaching for retired college student-athletes. *American Journal of Health Education*, *50*(6), 339-343.

80. Bopp., T., Vadeboncoeur, J. D.\*, **Stellefson, M.**, & Weinsz, M.\* Moving beyond the gym: A content analysis of YouTube as an educational resource for physical literacy. (2019). *International Journal of Environmental Research and Public Health*, *16*(18), 3335.

79. **Stellefson, M.**, Paige, S. R., Alber, J. M., Chaney, B., Chaney, J. D., Apperson, A.\*\*, & Mohan, A. (2019). Associations between health literacy, electronic health literacy, disease-specific knowledge and health-related quality of life among adults with chronic obstructive pulmonary disease: Cross-sectional study. *Journal of Medical Internet Research*, *21*(6), e12165.

78. **Stellefson, M.**, Paige, S. R., Barry, A., Wang, M. Q., & Apperson, A.\*\* (2019). Risk factors associated with physical and mental distress in people who report a COPD diagnosis: Latent class analysis of 2016 behavioral risk factor surveillance system data. *International Journal of Chronic Obstructive Pulmonary Disease*, *14*, 809-822.

77. Bopp, T., **Stellefson, M.**, Weatherall, B.\*\*, & Spratt, S.\*\* (2019). Promoting physical literacy for disadvantaged youth with chronic disease. *American Journal of Health Education*, *50*(3), 153-158.

76. **Stellefson, M.**, Becker, C. M., Paige, S. R., & Spratt, S.\*\* (2019). Planting a tree model for public health: Shifting the paradigm towards chronic wellness. *American Journal of Health Education*, *50*(3), 147-152.

75. **Stellefson, M.**, Paige, S. R., Apperson, A.\*\*, & Spratt, S.\*\* (2019). Social media content analysis of public diabetes Facebook groups. *Journal of Diabetes Science and Technology*, *13*(3), 428-438.

74. Paige, S. R.\*, **Stellefson, M.**, Krieger, J. L., & Alber, J. M. (2019). Computer-mediated experiences of patients with chronic obstructive pulmonary disease. *American Journal of Health Education*, *50*(2), 127-134.

73. Chaney, B. H., Martin, R. J., Barry, A. E., Lee, J. G., Matthews, J. C., & **Stellefson, M.L.** (2019). Pregaming: A field-based investigation of alcohol quantities consumed prior to visiting a bar and restaurant district. *Substance Use and Misuse*, *54*(6), 1017-1023.

72. **Stellefson, M.**, Barry A. E., Stewart, M.\*, Paige, S. R., Apperson, A.\*\*, Garris, E.\*\*, & Russell, A.\* (2019). Resources to reduce underage drinking risks and associated harms: Social ecological perspectives. *Health Promotion Practice*, *20*(2), 160-166.

71. Paige, S.R.\*, Black, D.R., Mattson, M., Coster, D.C., & **Stellefson, M.** (2019). Plain language to communicate physical activity information: A website content analysis. *Health Promotion Practice*, *20*(3), 363-371.

**2018**

70. Darville, G.\*, Anderson-Lewis, C., **Stellefson, M.**, Lee, Y., MacInnes, J., Pigg, R. M., Gilbert, J., & Thomas, S.\* (2018). Customization of avatars in an HPV digital gaming intervention for college-age males: An experimental study. *Simulation & Gaming*, *49*(5), 515-537.

69. Paige, S. R.\*, **Stellefson, M.**, Krieger, J. L., Anderson-Lewis, C., Cheong, J., & Stopka, C. (2018). Proposing a transactional model of eHealth literacy: Concept analysis. *Journal of Medical Internet Research*, *20*(10), e10175.

68. Spratt, S.\*\*, Stewart, M.\*, Paige, S. R., & **Stellefson, M.** (2018). A review of the hepatitis b foundation website. *Health Promotion Practice*, *19*(6), 211-214.

67. Paige, S. R.\*, Miller, M.D., Krieger, J. L., **Stellefson, M.**, & Cheong, J. (2018). eHealth literacy across the lifespan: Measurement invariance study. *Journal of Medical Internet Research, 20*(7)*,* e10434.

66. Barry, A. E., Muraleetharan, D.\*, Nelon, J.\*, Lautner, S.\*, Callahan, M.\*, Zhang, X.\*, Herren, M.\*, Chaney, B., & **Stellefson, M.L.** (2018). Public perceptions of powdered alcohol use and misuse: Narrative perspectives from YouTube. *American Journal of Health Education*, *49*(4), 214-221.

65. **Stellefson, M.**, Paige, S. R., Alber, J., & Stewart, M.\* (2018). COPD360social online community: A social media review. *Health Promotion Practice*, *19*(4), 489-491.

64. Paige, S. R.\*, Alber, J. M., **Stellefson, M.**, & Krieger, J. L. (2018). Missing the mark for patient engagement: mHealth literacy strategies and behavior change processes in smoking cessation apps. *Patient Education and Counseling*, *101*, 951-955.

**2017**

63. **Stellefson, M.**, Paige S. R.\*, Tennant, B., Alber, J. M., Chaney, B. H., Chaney, D., & Grossman, S.\* (2017). Reliability and validity of the telephone-based eHealth literacy scale among older adults: Cross-sectional survey. *Journal of Medical Internet Research*, *19*(10), e362.

62. **Stellefson, M**., Shuster, J., Chaney, B., Alber, J., Chaney, J. D., & Paige, S.\* (2017). Web-based health information seeking and eHealth literacy among patients living with Chronic Obstructive Pulmonary Disease (COPD). *Health Communication*, *Sep 5*, 1-15.

61. Chavarria, E. A.\*, Chaney, B. H., **Stellefson, M. L.**, Chaney, J. D., Chavarria, N.\*, & Dodd, V. J. (2017). Types and factors associated online health information seeking among college men in Latino fraternities. *American Journal of Men’s Health*, *11*(6), 1692-1702.

60. Paige, S. R.\*, **Stellefson, M.**, Chappell, C.\*, Chaney, B. H., Chaney, J. D., Alber, J.M., & Barry, A. (2017). Examining the relationship between online social capital and eHealth literacy: Implications for Instagram use for chronic disease prevention among college students. *American Journal of Health Education, 48*(4), 264-277*.*

59. Chavarria, E. A.\*, Chaney, B. H., **Stellefson, M.L.**, Chaney, J. D., Chavarria, N. E.\*, & Dodd, V.J. (2017). Predictors of online health information-seeking behaviors among college Latino men. *Health Behavior and Policy Review, 4*(4), 367-379.

58. Paige, S. R.\*, Krieger, J. L., & **Stellefson, M.** (2017). The influence of eHealth literacy on perceived trust in online health communication channels and sources. *Journal of Health Communication*, *22*(1), 53-65*.*

57. Paige, S. R.\*, Krieger, J. L., **Stellefson, M.**, & Alber, J.M. (2017). eHealth literacy in chronic disease patients: An item response theory analysis of the eHealth literacy scale (eHEALS). *Patient Education and Counseling*, *100*(2), 320-326.

56. Alber, J.\*, Bernhardt, J. M., **Stellefson, M.**, & Paige, S.\* (2017). Documenting 15 years (2000-2015) of SOPHE achievements: Recent developments and future directions. *Health Education and Behavior*, *44*(2), 205-215.

**2016**

55. Alber, J. M., Paige, S.\*, **Stellefson, M**., & Bernhardt, J. M. (2016). Social media self-efficacy of health education specialists: Training and organizational development implications. *Health Promotion Practice*, *17*(6), 915-921.

54. Paige, S.\*, **Stellefson, M.**, & Singh, B.\*\* (2016). Patient perspectives on factors associated with enrollment and retention in chronic disease self-management programs: A systematic review. *Patient Intelligence*, *8*, 21-37.

53. James, D. C. S., Harville, C.\*, Whitehead, N., **Stellefson, M.**, Dodani, S., & Sears, C.\* (2016). Willingness of African American women to participate in e-health/m-health research. *Telemedicine and e-Health*, *22*(3), 191-197.

**2015**

52. Pigg, R. M., **Stellefson, M.,** & Paige, S.\* (2015). Will genomics alter risk assessment methodology in health behavior research? *American Journal of Health Studies, 30*(3), 146-150.

51. Alber, J. M.\*, Bernhardt, J. M., **Stellefson, M.**, Weiler, R., Anderson-Lewis, C., Miller, D., & MacInnes, J. W. (2015). Designing and testing an inventory for measuring social media competency of certified health education specialists. *Journal of Medical Internet Research*, *17*(9), e221.

50. **Stellefson, M.**, Alber, J.\*, Paige, S.\*, & Castro, D.\*\* (2015). Evaluating comparative effectiveness research priorities in care coordination for Chronic Obstructive Pulmonary Disease (COPD): A community-based eDelphi study. *JMIR Research Protocols*, *4*(3), e103.

49. **Stellefson, M.**, Alber, J.\*, Wang, M. Q., Eddy, J. M., Chaney, B., & Chaney, D. (2015). Use of health information and communication technologies to promote health and manage behavioral risk factors associated with chronic disease: Applications in the field of health education. *American Journal of Health Education*. *46*(4), 185-191.

48. Paige, S. R.\*, **Stellefson, M.**, Chaney, B. H., & Alber, J. M.\* (2015). Pinterest as a resource for health information on Chronic Obstructive Pulmonary Disease (COPD): A social media content analysis. *American Journal of Health Education*. *46*(4), 241-251.

47. Tennant, B.\*, **Stellefson, M.**, Dodd, V., Chaney, B., Chaney, D., Paige, S.\*, & Alber, J.\* (2015). eHealth literacy and web 2.0 health information seeking behaviors among baby boomers and older adults. *Journal of Medical Internet Research, 17*(3), e70.

46. **Stellefson, M. L.**, Paige, S. R.\*, Alber, J. M.\*, Barry, A., & James, D. (2015). Proposing ethical practice standards for community-engaged research in health education. *American Journal of Health Education, 46*(2), 61-66.

45. **Stellefson, M. L.**, Chaney, B., Chaney, D., Paige, S.\*, Payne-Purvis, C.\*, Tennant, B.\*, Walsh-Childers, K., Sriram, P.S., & Alber, J.\* (2015). Engaging community stakeholders to evaluate the design, usability, and acceptability of a chronic obstructive pulmonary disease social media resource center. *JMIR Research Protocols*, *4*(1), e17.

**2014**

44. Chaney, B. H., Barry, A. E., Cremeens, J. L., Martin, R. J., **Stellefson, M. L.**, & Vail-Smith, K. (2014). Psychometric properties of a single-item assessing drunkenness to identify hazardous drinking: A replication study. *Journal of Substance Use*, *21*(2), 153-157.

43. Barry, A. E., Howell, S., Bopp, T., **Stellefson, M. L.**, Chaney, B. H., Piazza-Gardner, A. K.\*, & Payne-Purvis, C.\* (2014). A field-based community assessment of intoxication levels across college football weekends: Does it matter who’s playing? *The Journal of Primary Prevention*, *35*, 409-416.

42.**Stellefson, M.**, Chaney, B., Ochipa, K.\*, Hanik, B., Haider, Z.\*, Chaney, D., Chavarria, E.\*, & Bernhardt, J. (2014). YouTube as a source of patient education in COPD: A social media content analysis. *Chronic Respiratory Disease*, *11*(2), 61-71.

41. Varnes, J. R.\*, **Stellefson, M.**, Miller, M., Janelle, C., Dodd, V., & Pigg, R. (2014). Body esteem and self-objectification among collegiate female athletes: Does societal objectification make a difference? *Psychology of Women Quarterly*, *39*(1), 95-108.

40. **Stellefson, M.**, Chaney, B., & Chaney, D. (2014). Heuristic evaluation of online COPD respiratory therapy and education video resource center. *Telemedicine and e-Health*, *20*(10), 972-976.

39. Barry, A.E., **Stellefson, M.L.,** & Woolsey, C.L. (2014).A comparison of the responsible drinking dimensions among underage and legal drinkers: Examining differences in beliefs, motives, self-efficacy, barriers, and intentions. *Substance Abuse Treatment, Prevention, and Policy, 9,* 5*.*

**2013**

38. Barry, A. E., Chaney, B. H., **Stellefson, M. L.**, & Dodd, V. (2013). Evaluating the psychometric properties of the AUDIT-C among college students. *Journal of Substance Use*, *20*(1), 1-5.

37. Varnes, J. R.\*, **Stellefson, M. L.**, Janelle, C. M., Dorman, S. M., Dodd, V., & Miller, D. M. (2013). A systematic review of studies comparing body image concerns among female college athletes and non-athletes, 1997-2012. *Body Image*, *10*(4), 421-432.

36. Barry, A. E., Chaney, B., **Stellefson, M. L.**, & Dodd, V. (2013). Validating the ability of a single-item assessing drunkenness to detect hazardous drinking. *American Journal of Drug and Alcohol Abuse, 39*(5), 320-325.

35. Barry, A. E., Chaney, B. H., & **Stellefson, M. L.** (2013). Breath alcohol concentrations (BrAC) of designated drivers. *Journal of Studies on Alcohol and Drugs, 74*(4), 509-513.

34. Barry, A. E., **Stellefson, M. L.**, Piazza-Gardner, A.\*, Chaney, B. H., & Dodd, V. J. (2013). The impact of pregaming on subsequent blood alcohol concentrations: An event-level analysis. *Addictive Behaviors, 38,* 2374-2377*.*

33. **Stellefson, M.**, Chaney, B., Barry, A., Chavarria, E.\*, Tennant, B.\*, Walsh-Childers, K., Sriram, P.S., & Zagora, J.\*\* (2013). Web 2.0 chronic disease self-management for older adults: A systematic review. *Journal of Medical Internet Research, 15*(2), e35.

32. Cole, Z. D.\*, Donohoe, H.M., & **Stellefson, M. L.** (2013). Internet-based Delphi research: A case-based tutorial. *Environmental Management*, *51*(3), 511-523.

31. **Stellefson, M. L.**, Dipnarine, K.\*, & Stopka, C. S. (2013). The chronic care model and diabetes management in US primary care settings: A systematic review. *Preventing Chronic Disease*, *10*, 120180.

30. Barry, A. E., **Stellefson, M. L.**, Hanik, B., Tennant, B. L.\*, Whiteman, S.D., Varnes, J.\*, & Wadsworth, S.M. (2013). Examining the association between binge drinking and propensity to join the military. *Military Medicine*, *178*(1), 37-42.

29. Chaney, B. H., Barry, A. E., Chaney, J. D., **Stellefson, M. L.,** & Webb, M. C.\* (2013). Using screen video capture software to aide and inform cognitive interviewing. *Quality and Quantity*, *47*(5), 2529-2537.

**2012**

28. Chaney, B. H., Chavarria, E.\*, **Stellefson, M. L.**, Birch, D., & Spear, C. (2012). American Association for Health Education (AAHE) 2011 Membership Survey: Summary of findings. *American Journal of Health Education*, *43*(6), 322-326.

27. **Stellefson, M. L.**, Yannessa, J. F., & Martel, G. F. (2012). Using canonical commonality analysis to examine the predictive quality of psychological variables and aging on physical performance among older adults. *Evaluation and the Health Professions*, *35*(2), 239-255.

26. **Stellefson, M. L.**, Hanik, B.\*,Chaney, J. D., & Tennant, B.\* (2012). Analysis of eHealth search perspectives among female college students in the health professions using Q methodology. *Journal of Medical Internet Research*, *14*(2), e60.

25.Hall, A.\*, **Stellefson, M. L.,** & Bernhardt, J. M. (2012). Healthy Aging 2.0: The potential of new media and technology. *Preventing Chronic Disease, 9,* 110241.

24. **Stellefson, M. L.,** Tennant, B.\*, & Chaney, D. (2012). A critical review of effects of COPD self-management education on self-efficacy. *ISRN Public Health, Article ID 152047*, 1-10.

23. Donohoe, H., **Stellefson, M. L.,** & Tennant, B.\* (2012). Advantages and limitations of the e-Delphi technique: Implications for health education researchers. *American Journal of Health Education*, *43*(1-2), 38-46.

**2011**

22. **Stellefson, M.,** & Hanik, B. H.\*, Chaney, B., Chaney, D., Tennant, B.\*, & Chavarria, E.\* (2011). eHealth literacy among college students: A systematic review with implications for eHealth education. *Journal of Medical Internet Research*, *13*(4), e102.

21. Hanik, B. H.\*, & **Stellefson, M**. (2011). E-health literacy competencies among undergraduate health education students: A preliminary study. *International Electronic Journal of Health Education, 14,* 46-58.

20. Barry, A. E., Chaney, B., **Stellefson, M**., & Chaney, D. (2011). So you want to develop a survey: Practical recommendations for scale development. *American Journal of Health Studies, 26*(1), 97-105.

19. **Stellefson, M. L.,** Barry, A., Chaney, B. H., Hanik, B. W.\*, & Chaney, J. D. (2011).

Establishing cause for developing and implementing a broad-based marketing effort for the health education profession. *Health Promotion Practice, 12*(3), 379-387.

18. Chavarria, E.\*, Menn, M.\*, Hall, A.\*, Chaney, J. D., Chaney, B., & **Stellefson, M**. (2011). Taking the digital plunge: Health educators 2020. *The Health Education Monograph, 28(*1), 1-5.

**2010**

17. **Stellefson, M. L.**, Chaney, B., & Chaney, J. D. (2010). Using exploratory focus groups to inform the development of targeted COPD self-management education DVDs for rural patients. *International Journal of Telemedicine and Applications*, *Article ID 450418*, 1-13.

**2009**

1. **Stellefson, M. L.,** Hanik, B. W.\*,Chaney, B. H., & Chaney, J. D. (2009). Factor retention in EFA: Strategies for health behavior researchers. *American Journal of Health Behavior, 33*(5), 587-599.
2. **Stellefson, M. L.,** Chaney, B. H., & Chaney, J. D. (2009). Examining the efficacy of DVD technology compared to print-based material in COPD self-management education of rural patients. *Californian Journal of Health Promotion*, *7*(1), 26-42.
3. Eddy, J. M., & **Stellefson, M. L.** (2009). Entrepreneurship in health education and health promotion: Five cardinal rules. *Health Promotion Practice*, *10*(3), 333-341.
4. Chaney, J. D., Chaney, E. H., & **Stellefson, M. L.** (2009). Good news and bad news for public health education advocacy: How to use Web 2.0 to improve advocacy efforts. *The Health Education Monograph, 26*(1), 12-23.

**2008**

1. **Stellefson, M. L.,** Hanik, B. W.\*,Chaney, B. H., & Chaney, J. D. (2008). Challenges for tailored messaging in health education. *American Journal of Health Education*, *39*(5), 303-311.
2. **Stellefson, M. L.**, Hanik, B.\*, Chaney, B., & Chaney, J. D. (2008). A tutorial on calculating and interpreting regression coefficients in health behavior research. *The Health Educator*, *40*(1), 12-20.
3. **Stellefson, M. L.,** &Eddy, J. M. (2008). Health education and marketing processes: Two related methods for achieving health behavior change.*American Journal of Health Behavior*, *32*(5), 488-496.
4. **Stellefson, M. L.**, Chaney, E. H., & Chaney, J. D. (2008). The digital divide in health education: Myth or reality? *American Journal of Health Education*, *39*(2), 106-112.
5. Chaney, J. D., Chaney, E. H., **Stellefson, M. L.**, & Eddy, J. M. (2008). Strategies for designing distance education programs/courses. *The Health Educator*, *25*(1), 18-22.
6. **Stellefson, M. L.**, Eddy, J. M., Chaney, B., & Chaney, D. (2008). The marketing of distance education. *International Electronic Journal of Health Education, 11*, 85-96.
7. Chaney, E. H., Chaney, J. D., Eddy, J. M., & **Stellefson, M. L.** (2008). Making the case for distance education in the health education and health promotion profession. *International Electronic Journal of Health Education*, *11*, 5-18.

**2007**

1. **Stellefson, M. L.,** & Hanik, B. (2007). Health promotion in older adult assisted living communities: A burgeoning opportunity for health educators. *The Health Education Monograph*, *24*(2), 45-50.
2. **Stellefson, M. L.** (2007). Utilizing the LEPP model to plan health education programs for the elderly. *The Health Education Monograph, 24*(2), 38-44.

**2006**

1. **Stellefson, M. L**., & Chaney, J. D. (2006). Determinants of indoor tanning behavior among adolescent females: A systematic review of the literature. *The Health Educator, 38*(1), 15-21.
2. **Stellefson, M. L.**, & Hanik, B. (2006). The relationship between high school sports activity and injury. *The Health Education Monograph*, *23*(2), 42-48.
3. **Stellefson, M. L.,** Wang, Z., & Klein, W. (2006). Effects of cognitive dissonance on intentions to change diet and physical activity among college students. *American Journal of Health Studies, 21*(4), 219-227.

**Books and Monographs**

Bensley, R. J., Thackeray, R., & **Stellefson, M.** Using social media. In R. J. Bensley & J. Brookins-Fisher (4th Ed.), *Community and public health education methods: A practical guide* (pp. 143-162). Jones & Bartlett Learning: Burlington, MA. (2019)

**Stellefson, M. L.** Considerations for marketing distance education in health education: Important questions to examine before course development. In D. Ugur & N. Serdar Sever (Eds.). *Marketing online education programs: Frameworks for promotion and communication* (pp. 222-233). IGI Global: Hershey, PA. (2011)

**Stellefson, M. L.** *Efficacy of DVD technology in chronic obstructive pulmonary disease: Self-management education of rural patients*. VDM Verlag: Germany. ISBN: 978-3-639-16910-2. (2009)

**Stellefson, M. L.** Contributing Author, *Great Athletes, 2nd Edition*.Salem Press: Pasadena, CA. (2008)

**General Publications**

Chaney, B., Paige, S., & **Stellefson, M.** *Chapter X: Communication*. In Study Companion Guide for CHES/MCHES exam (8th Edition). National Commission for Health Education Credentialing (NCHEC), Inc.: Whitehall, PA. (2020).

**Stellefson, M. L.** *Doing* *little things can make a big difference in preventing elder* *falls within the home*. Prime TimesNewsletter (p. 4), Office of Lifespan Studies, Coastal Carolina University. (2009)

**Stellefson, M. L.,** Author,“*Resolution on Advancing Food Safety Education through Supporting Country of Origin Labeling*”, Society for Public Health Education. (2008)

**Stellefson, M. L.,** Editorial Team Member, *Finding the Key: Healthier Homes and Communities Activity Guide & Tool Kit*, National Health Education Week Planning Guide, Society for Public Health Education. (2007)

**Grants and contracts**

## Awarded

**Stellefson, M. (PI).** (November 23, 2021 – March 31, 2022). *The impact of subjective cognitive decline on functional limitation and physical inactivity in Deep South adults with COPD*. Research Vouchers Program, UAB Center for Clinical and Translational Science. Total Amount Received: $5,000.

Bopp, T. (PI), **Stellefson, M. (Investigator)**, Fuller, R. D., Vadeboncoeur, J. D., & Walker, N. A. (January 1, 2022 – June 30, 2023). *Examining the multidimensional identities and experiences of Black student-athletes*. Small Grants Program, Office of Research & Economic Development, The University of Alabama. Total amount received: $5,980.

**Stellefson, M. (PI).** (January 1, 2021 – December 31, 2022).*Racial Disparities in Health-Related Quality of Life Among Alabama Adults Diagnosed with COPD*. Small Grants Program, Office of Research & Economic Development, The University of Alabama. Total amount received: $6,000.

**Stellefson, M. (PI)**, Balanay, J. A. G., Gudivada, V., Wu, R., & Wang, M. Q. (July 29, 2019 – June 30, 2020). *Occupational and Environmental Risk Factors Associated with Poor Health-Related Quality of Life in Central Appalachian Workers with COPD*. [Central Appalachian Regional Education and Research Center](http://www.mc.uky.edu/erc/) (CARERC) Pilot Funding Program. Total amount received: $15,000.

**Stellefson, M. (PI)** (May 13, 2019 – June 30, 2019). *Development of Conceptual Animation Video Library with VoiceThread Reflection Assignments to Explain Health Behavior Theory Applications*. New Submission to Teaching Grants Program, Office of the Provost, East Carolina University. Total Amount Received: $19,600.

**Stellefson, M. (PI)** (May 14, 2018 – April 25, 2019). *Joyner Library Alternative Textbook Program: HLTH 3000 – Theory and Practice in Community Health Education*. East Carolina University (ECU) Scholarly Communication Department. Amount of Stipend: $1,000.

**Stellefson, M. (PI; 5% effort)**, Odio, M. (Co-PI), & Bopp, T. (Co-PI) (April 1, 2018 – December 31, 2019). *Development and Pilot Testing of* *the Life After Sports Transition (LAST) Online Course for Graduating Collegiate Student-Athletes*. 2018-19 American Athletic Conference Research Grant Program. Total amount awarded: $9,903.

Apperson, A. (PI),& **Stellefson, M. (Faculty Mentor)** (May 14, 2018 – May 3, 2019). *Social Media Content Analysis of COPD Facebook Groups*. Spring 2018 Undergraduate Research/Creative Activity Award Program, East Carolina University. Total amount requested: $2,047; Total amount awarded: $1,350.

Leeman, R. (PI), **Stellefson, M. (Co-I – Year 1 / Consultant – Year 2; 5% effort)**, Merlo, L., Nixon, S. J., Fucito, L., Gueorguieva, R., Martens, M., Muench, F., & O'Malley, S. (July 15, 2016 – January 31, 2018; no-cost extension granted until July 31, 2019). *Testing a Smartphone Breathalyzer and BAC Estimator in Young Adult Heavy Drinkers*.  Alcohol Use Disorders: Treatment, Services, and Recovery Research (R21), National Institute on Alcohol Abuse and Alcoholism (Grant #: R21AA023368). Amount received: $384,131.

Paige, S. (PI), **Stellefson, M. (Primary Sponsor – Year 1 / Co-Sponsor – Year 2)**, Cottler, L., Krieger, J., & Miller, D. (August 16, 2016 – August 15, 2018). *Developing an instrument to measure interactive eHealth literacy*. Ruth L. Kirschstein National Research Service Award (NRSA) Individual Predoctoral Fellowship Program (F31), National Heart, Lung, and Blood Institute (Grant #: F31HL132463-01). Amount received: $86,022.

Paige, S. (PI), **Stellefson, M. (Primary Mentor)**, & Krieger, J. (July 1, 2015 – June 30, 2016). *Exploring factors affecting recruitment and retention of patients with COPD in mHealth smoking cessation interventions: A mixed-method approach.* University of Florida Clinical and Translational Science Institute (CTSI), STEM Translational Communication Research Program Pilot Projects Grant. Amount Received: $2,500.

**Stellefson, M.L. (PI; 10% effort),** Bernhardt, J. M., Clanton, T., & Ellison, J. (February 1, 2014 – October 31, 2014; no-cost extension received until April 30, 2015). *Development of Online COPDFlix Comparative Effectiveness Research Network*.UFHealth and UF Clinical and Translational Science Institute (CTSI) Pipeline to Proposal Development Grant Program. Amount Received: $15,000.

**Stellefson, M. (PI; 10% effort),** Barry, A., Delisle, T., & Varnes, J. (January 1, 2014 – June 30, 2015; no-cost extension received until December 31, 2015). *Exploring associations between intensity of Facebook use and perceived social capital in military student service members and veterans*. UF Department of Health Education and Behavior Health Promotion Research FundSeed Grant Opportunity Program. Amount Received: $10,000.

James, D. (PI), **Stellefson, M. (Co-I; 5% effort)**, & Harville, C. (January 1, 2014 – June 30, 2015). *Increasing participation of African Americans in eHealth and mHealth interventions*. UF Department of Health Education and Behavior Health Promotion Research Fund. Amount Received: $10,000.

**Stellefson, M. (PI)** (2014).*Southeastern Conference (SEC) Visiting Faculty Travel Grant*. Travel for Research Experience and Collaboration with the Department of Health and Kinesiology at Texas A&M University (TAMU) in College Station, TX. Amount Received: $2,500.

**Stellefson, M. (PI; 75% effort)** (August 16, 2012 – March 31, 2015). *Development and Pilot Testing of eHealth Literacy 2.0 Assessment Instrument*. National Center for Advancing Translational Sciences (NCATS) at the National Institutes of Health (NIH), UF KL2 Multidisciplinary Scholars Program (Grant#: KL2TR000065-04). Amount Received: $268,099.

**Stellefson, M. (PI; 10% effort)**, Chaney, B., Walsh-Childers, K., & Sriram, P. S. (June 1, 2012 – May 31, 2013). *Design and Feasibility Testing of patientflix.com for COPD Self-Management Education*. University of Florida Clinical and Translational Science Institute (CTSI), Pilot Projects Program Grant (Project No. 00103232). Amount Received: $19,863.

**Stellefson, M. L. (PI)** (September 30, 2009 – May 7, 2010). *Directing undergraduate practice-based research through implementing and evaluating a diabetes self-management education outreach program for rural patients*. Research Enhancement Grant program in the Office of the Provost, Coastal Carolina University, Conway, SC. Amount Received: $1,597.

**Stellefson, M. L. (PI)** (January 1, 2008 – December 31, 2009). *Student Fellowship in Injury Prevention and Control*. Awarded by the Society for Public Health Education and the Centers for Disease Control and Prevention, Agency for Toxic Substances and Disease Registry. Amount Received: $1,500.

**Stellefson, M. L. (PI; 50% effort)** (September 10, 2007 – August 31, 2008). *Efficacy of DVD Technology in COPD Self-Management Education of Rural Patients*. Health Services Research Dissertation Grant program at the Agency for Healthcare Research and Quality (R36HS017387-01). Amount Received: $29,446.

**Select Proposals Submitted; Not Funded**

**Stellefson, M. (PI),** Wilkerson, A (Co-PI). (November, 2022). *Comparative effectiveness review of health communication strategies in COPD self-management*. Resubmission to AHRQ Small Research Grant Program (R03). Amount requested: $99,974 (Total Costs). Impact Score: 37; Percentile: 31st.

**Stellefson, M. (PI)**, Balanay, J. A. G., Gudivada, V., Wu, R., & Wang, M. Q. (October, 2019). *Latent class analysis of social ecological risk factors associated with physical inactivity in adults with COPD: Multi-level approach to GIS mapping and visual communication*. New Submission to the National Heart, Lung, and Blood Institute (NHLBI), Academic Research Enhancement Award for Undergraduate-Focused Institutions Program (R15). Total amount requested: $442,500. Impact Score: 47.

**Stellefson, M. (PI)**, Balanay, J. A. G., Gudivada, V., Wu, R., Mohan, A., & Wang, M. Q. (June, 2019). *Ecological Risk Factors Associated with Poor Health-Related Quality of Life in North Carolina Residents with COPD: Multilevel Modeling of Big Data*. New Submission to National Institute of Environmental Health Sciences (NIEHS), NIH Small Research Grant Program (R03). Total amount requested: $147,500. Impact Score: 74; Percentile: 60th.

**Stellefson, M. (PI)**, Sriram, P. S., & Clanton, T. (November, 2013). *Feasibility of online exercise prescriptions for veterans with COPD*. Submitted to the Social-Behavioral Research Grant Program at the American Lung Association (ALA). Amount Requested: $72,987. Percentile: 25.7th (ALA funded up to 19th percentile).

**Stellefson, M. (PI).** (November, 2013). *Comparative effectiveness review of health communication in COPD self-management*.Submitted to the Agency for Healthcare Research and Quality, AHRQ Patient-Centered Outcomes Research (PCOR) Mentored Research Scientist Development Award (K01).Amount requested: $404,744. Impact Score: 42; Percentile: 47th.

**Stellefson, M. (PI)**, Chaney, B., Chaney, D., Bernhardt, J., Higginbotham, J., Clanton, T., Sriram, P. S., & Hensleigh, K. (July, 2013). *Home-based COPD self-management training using DVD education in rural populations*. Resubmission to the Agency for Healthcare Research and Quality (AHRQ), Exploratory and Developmental Grant to Improve Health Care Quality through Health Information Technology (IT) (R21) Program. Amount Requested: $299,843. Impact Score: 33; Percentile: 26th.

**Stellefson, M. (PI)**, Chaney, B., Chaney, D., Bernhardt, J., Lee, T., Bonahoe, E., Wang, M. Q., Eddy, J. M., Hanik, B., Muenzenberger, A., & Lloyd, L. J. (February, 2013). *Building eHealth literacy training modules for health professional students*. Submitted to the National Library of Medicine (NLM), Understanding and Promoting Health Literacy (R21) Program. Amount Requested: $396,841. Impact Score: 60.

**Stellefson, M. (PI)**, Chaney, B., Chaney, D., Bernhardt, J., & Clanton, T. (December, 2011). *PatientFlix Chronic Obstructive Pulmonary Disease (COPD) self-management education for underserved rural areas*. Submitted to the Patient-Centered Outcomes Research Institute (PCORI), PCORI Pilot Projects Program. Amount Requested: $257,380. Impact/Priority Score: 58; Percentile: 45th.

**Stellefson, M. (Project Director)**, Chaney, B., Chaney, D., Bernhardt, J., & Clanton, T. (June, 2011). *PatientFlix tailored health communication for Chronic Obstructive Pulmonary Disease (COPD) self-management*. Submitted to the Rural Health and Safety Education Competitive Grants Program, United States Department of Agriculture, The National Institute of Food and Agriculture. Amount Requested: $211,276. 71% of reviewers recommended funding.

**Additional Funding**

**Stellefson, M. L.** (2007). *George Bush Presidential Library Foundation Travel Grant*. Submitted to the Associate Provost for Academic Services, Division of Academic Affairs, Texas A&M University. Funded to collect data for dissertation project entitled, *Efficacy of DVD Technology in COPD Self-Management Education of Rural Patients*, Butler, AL (Amount Received $500.00).

**Stellefson, M. L.** (2006). Graduate Travel Assistance Grant. Submitted to the Women’s Studies Program Review Committee, Department of Women’s Studies, Texas A&M University. Funded to present research at the 2006 AAHPERD National Convention and Exposition, Salt Lake City, UT (Amount Received $100.00).

**PRESENTATIONS**

## Refereed Presentations (\* Graduate Student, \*\* Undergraduate Student)

139. McFadden, N. T., Wilkerson, A. H., \*Chalak, A. R., Carmack, H. J., \*Lovett, K., \*Lazenby, B., Donovan, E., Farris, K. L., Chaney, B. H., **Stellefson, M. L.**, Jaiswal, J., & \*\*Rodriguez-Gamez, J. (2024, August). *Interviews of college students with T1D regarding interactions with endocrinologists*. Abstract accepted for poster presentation at the Association of Diabetes Care & Education Specialists (ADCES24) Annual Conference, New Orleans, LA.

138. \*\*Rodriguez-Gamez, J., McFadden, N. T.\*, Wilkerson, A. H., \*Chalak, A. R., Chaney, B. H., **Stellefson, M. L.**, \*Lovett, K., Jaiswal, J., & Carmack, H. J. (2024, March). “*I had to fail at taking care of myself…to learn how to take care of myself”: Management advice from current college students to future college students with Type 1 Diabetes*. Abstract accepted for poster presentation at the Capital of Texas Undergraduate Research Conference (CTURC) hosted by The University of Texas at Austin, Austin, TX.

137. McFadden, N. T., Wilkerson, A. H., Chalak, A. R.\*, Rodriguez-Gamez, J.\*\*, Chaney, B. H., Jaiswal, J., **Stellefson, M. L.**, Carmack, H. J., & Lovett, K.\* (2024, March). *Recommendations for improving diabetes technologies*. Abstract accepted for poster presentation at the Health Scholar Showcase 2024 Conference hosted by Texas State University’s Translational Health Research Center (THRC), San Marcos, TX.

136. McFadden, N. T., Wilkerson, A. H., Chaney, B. H., Jaiswal, J., **Stellefson, M.**, & Lovett, K. (2023, October). *A qualitative exploration of barriers and facilitators for Type 1 Diabetes management among college students*. Abstract accepted for oral presentation at the Texas SOPHE Annual Conference, Austin, TX.

135. McFadden, N. T., Wilkerson, A. H., Chaney, B. H., Jaiswal, J., **Stellefson, M.**, & Lovett, K. (2023, November). *An application of theory to explore disease and symptom management experiences among college students with Type 1 diabetes*. Abstract accepted for oral presentation at the American Public Health Association (APHA) Annual Meeting and Exposition, Atlanta, GA.

134. Chaney, B., Opp., M., Chaney, D., & **Stellefson, M.** (2022, November). *COVID-19 health education activities conducted by a national sample of CHES® and MCHES® in response to the global pandemic*. Abstract selected for oral presentation at the APHA 2022 Annual Meeting and Expo, Boston, MA.

133. Leeman, R., Wilson, B.\*, Kalena, E., **Stellefson, M.**, Berey, B., Frohe, T., Rowland, B., & O’Malley, S. (2022, June). *Acceptability and usability of technology to facilitate moderate drinking in young adults as predictors of technology use and reduced drinking*. Accepted for RSA Symposium presentation at the 2022 Research Society on Alcoholism Annual Meeting. Orlando, FL.

132. Wilson, B.\*, Kalena, E., Rosner, B., Berey, B., Frohe, T., **Stellefson, M.**, Muench, F., O’Malley, S., & Leeman, R. (2022, June). *Factor structure, reliability, and validity of a modified System Usability Scale for alcohol-related technology among young adults who drink heavily*. Accepted for poster presentation at the 2022 Research Society on Alcoholism Annual Meeting. Orlando, FL.

131. Chaney, B., Opp., M., Chaney, D., & **Stellefson, M.** (2022, March). *Health education specialists’ roles during the COVID-19 pandemic*. Abstract selected for ePoster presentation at the SOPHE 2022 Annual Conference, St. Louis, MO.

130. Opp, M., Chaney, B. H., Chaney, J. D., **Stellefson, M. L.**, & Allard, M.\*\* (2021, October). *Snapshot of the invaluable work CHES®/MCHES® are doing in response to the COVID-19 pandemic*. Abstract selected for oral presentation at the American Public Health Association (APHA) Annual Meeting and Exposition, Denver, CO.

129. McFadden, N.\*, Wilkerson, A., & **Stellefson, M.** (2021, October). *Health communication and technology interventions addressing medication adherence in adults living with chronic disease: A systematic review*. Abstract accepted for oral presentation at the American Public Health Association (APHA) Annual Meeting and Exposition, Denver, CO.

128. McFadden, N.\*, **Stellefson, M.**, & Bopp, T. (2021, October). *Former NCAA student-athletes use social connectedness to improve mental health management*. Abstract accepted for poster presentation at the American Public Health Association (APHA) Annual Meeting and Exposition, Denver, CO.

127. Bopp, T., Vadeboncoeur, J.\*, **Stellefson, M.**, & Weinsz, M.\* (2020, February). *A content analysis of YouTube as an educational resource for physical literacy*. Abstract accepted for poster presentation at the Active Living Conference, Orlando, FL.

126. Darville, G.\*, Anderson-Lewis, C., **Stellefson, M.**, Lee, Y. H., MacInnes, J., & Pigg, R. M. (2020, March). *HPV feminization due to a lack of translational communication: Bias, misconceptions and misinformation among the male catch-up vaccination group*. Abstract accepted for poster presentation at the SOPHE 71st Annual Conference, Atlanta, GA.

125. Paige, S. R.\*, **Stellefson, M.**, Krieger, J. L., Miller, M. D., Cheong, J., & Anderson-Lewis, A. (2020, March). *Developing and testing a transactional eHealth literacy instrument*. Accepted for poster presentation at the SOPHE 71st Annual Conference, Atlanta, GA.

124. Leeman, R., Berey, B.\*, Frohe, T.\*, Rowland, B.\*, Martens, M., **Stellefson, M.**, Nixon, S.J., & O’Malley, S. (2019, November). *A combined laboratory and field test of a smartphone breathalyzer and blood alcohol content estimator in young adult heavy drinking*. Accepted for poster presentation at the 2019 ABCT SIG Poster Expo. Atlanta, GA.

123. Barry, A. E., Chaney, B., Martin, R. J., Lee, J. G., Matthews, J. C., & **Stellefson, M.** (2019, May). *Drinking before you get to the bar: A field-based investigation of pregaming comparing college student and non-student bar patrons*. Accepted for poster presentation at 2019 American College Health Association (ACHA) Annual Meeting. Denver, CO.

122. Apperson, A.\*\*, & **Stellefson, M.** (2019, April). *A content analysis of Facebook groups on Chronic Obstructive Pulmonary Disease (COPD)*. Abstract accepted for poster presentation at Research and Creative Achievement Week, East Carolina University, Greenville, NC.

121. Paige, S. R.\*, **Stellefson, M.**, Krieger, J. L., Anderson-Lewis, C., Cheong, J., Stopka, C., & Miller, D. M. (2019, March). *The transactional model of eHealth literacy: Engaging diverse stakeholders in a multi-method validation approach*. Accepted for poster presentation at the Society for Public Health Education 70th Annual Conference. Salt Lake City, UT.

120. Paige, S. R.\*, Flood-Grady, E., Krieger, J. L., **Stellefson, M.**, & Miller, M. D. (2018, May). *Exploring the psychometric properties of a health information seeking scale among older adults with chronic disease*. Accepted for paper presentation at the 68th Annual International Communication Association (ICA) Conference, Prague, Czech Republic.

119. Alber, J., Paige, S.\*, **Stellefson, M.**, Grossman, S.\*, & Merchant, R. (2018, April). *Applying mixed methods to analyze visual social media content that promotes health equity*. Abstract accepted for poster presentation at the Society for Public Health Education (SOPHE)'s 69th Annual Meeting, Columbus, OH.

118. **Stellefson, M.**, Paige, S. R.\*, Alber, J., Chaney, J. D., & Chaney B. H. (2018, April). *Effects of health literacy and eHealth literacy on health-related quality of life among a population-based sample of adults with COPD*. Abstract accepted for poster presentation at the Society for Public Health Education (SOPHE)'s 69th Annual Meeting, Columbus, OH.

117. Paige, S. R.\*, Miller, M. D., Krieger, J. L., **Stellefson, M.**, & Cheong, J. (2018, April). *eHealth literacy across the lifespan: Measurement invariance in eHealth literacy scale (eHEALS) scores among younger and older adults*. Abstract accepted for poster presentation at the Society for Public Health Education (SOPHE)'s 69th Annual Meeting, Columbus, OH.

116. Kemble, C. M., Daga, A. A., Berey, B. L\*., **Stellefson, M.**, Muench, F., & Leeman, R. F. (2018, March). *Usability and acceptability of blood alcohol content related mobile technology in young adults*. Abstract accepted for poster presentation at the 2018 Collaborative Perspectives on Addiction Meeting, Tampa, FL.

115. Darville, G.\*, Anderson-Lewis, C., **Stellefson, M.**, Lee, Y. H., MacInnes, J., Pigg, R. M. (2017, November). *Digital gaming intervention design to improve HPV vaccine uptake among college men – A qualitative study*. Abstract accepted for poster presentation at the American Public Health Association (APHA) Annual Meeting and Exposition, Atlanta, GA.

114. Darville, G.\*, Anderson-Lewis, C., **Stellefson, M.**, Lee, Y. H., MacInnes, J., & Pigg, R. M., Gilbert, J., & Thomas, S. (2017, November). *Customization of avatars in a digital gaming intervention – An experimental study*. Abstract accepted for poster presentation at the American Public Health Association (APHA) Annual Meeting and Exposition, Atlanta, GA.

113. **Stellefson, M.**, Paige, S.\*, Alber, J., Chaney, B., Chaney, D., & Chappell, C.\* (2017, November). ***Development of the ALL-ENGAGE playbook for planning, implementing, and evaluating social media in health promotion and disease management***. Abstract accepted for poster presentation at the American Public Health Association (APHA) Annual Meeting and Exposition, Atlanta, GA.

112. Paige, S. R.\*, **Stellefson, M.**, Alber, J. M., Barry, A. E., Chappell, C.\*, Chaney, B. H., & Chaney, J.D. (2017, November). *Relationship between eHealth literacy and online social capital: Implications for #collegehealth via Instagram*. Abstract accepted for roundtable presentation at the American Public Health Association (APHA) Annual Meeting and Exposition, Atlanta, GA.

111. Paige, S. R.\*, **Stellefson, M.**, Barry, A. E., Alber, J. M., Krieger, J. L., Chaney, B., & Chaney, D. (2017, November). *Ethical principles for community-engaged research in health education: A case study of technology acceptance for smoking cessation in COPD*. Abstract accepted for poster presentation at the American Public Health Association (APHA) Annual Meeting and Exposition, Atlanta, GA.

110. Paige, S. R.\*, **Stellefson, M**., Krieger, J. L., & Alber, J. M. (2017, March). *An item response theory analysis of the eHealth literacy scale (eHEALS): Examining scores among chronic disease patients*. Abstract accepted for poster presentation at the Society for Public Health Education's 68th Annual Conference. Denver, CO.

109. Paige, S. R.\*, **Stellefson, M.**, Krieger, J. L., & Alber, J. M. (2017, March). *Acceptability of using mHealth technologies for smoking cessation: Perspectives of patients living with COPD*. Paper accepted for poster presentation at the University of Florida’s College of Journalism and Communications’ 2017 Research Symposium, Gainesville, FL.

108.Paige, S. R.\*, **Stellefson, M.**, Krieger, J. L., & Alber, J. M. (2017, March). *eHealth literacy of patients with chronic disease: Examining the construct validity of the eHealth Literacy Scale (eHEALS)*. Abstract accepted for poster presentation at the University of Florida’s College of Health and Human Performance’s D.K. Stanley Lecture Research Poster Symposium, Gainesville, FL.

107. Paige, S. R.\*, **Stellefson, M.**, Krieger, J. L., & Alber, J. M. (2016, November). *Evaluating behavior change theory in smoking cessation apps: A content analysis of the product description and user interface*. Abstract accepted for oral presentation at the 144th American Public Health Association’s Annual Meeting and Exposition, Denver, CO.

106. Paige, S. R.\*, **Stellefson, M.**, Krieger, J. L., & Alber, J. M. (2016, November). *Perceptions of smoking cessation apps among medically underserved individuals living with Chronic Obstructive Pulmonary Disease (COPD)*. Abstract accepted for oral presentation at the 144th American Public Health Association’s Annual Meeting and Exposition, Denver, CO.

105. Paige, S. R.\*, Chappell, C.\*, **Stellefson, M.**, Varnes, J. R., & Cheong, J. (2016, November). *Exploring the relationship between eHealth literacy and perceived life satisfaction among college students*. Abstract accepted for poster presentation at the 2016 University of Florida College of Health and Human Performance Graduate Student Research Symposium, Gainesville, FL.

104. Paige, S. R.\*, Obimdike, F.\*\*, Chappell, C.\*, **Stellefson, M.**, & Krieger, J. L. (2016, November). *Exploring patient perspectives of participating in smoking cessation programs: A qualitative study with COPD patients*. Abstract accepted for poster presentation at the 2016 University of Florida College of Health and Human Performance Graduate Student Research Symposium, Gainesville, FL.

103. Obimdike, F.\*\*, Paige, S. R.\*, **Stellefson, M.**, Krieger, J. L., & Chappell, C.\* (2016, October). *Factors influencing enrollment in smoking cessation programs: Qualitative perspectives from COPD patients*. Abstract accepted for poster presentation at the 2016 University of Florida Undergraduate Research Symposium, Gainesville, FL.

102. Paige, S. R.\*, Krieger, J. L., & **Stellefson, M.** (2016, June). *Trusted sources and channels for health information: Exploring differences in socio-demographics and eHealth literacy*. Paper accepted for presentation at the 66th International Communication Association Annual Conference, Fukuoka, Japan.

101. Karadakis, K., **Stellefson, M.**, & Bopp, T. (2016, June). *Assessment rubric for personal reflection journal entries included in an event management & marketing course*. Abstract accepted for presentation at the North American Society for Sport Management (NASSM) Teaching and Learning Fair, Orlando, FL.

100. Paige, S. R.\*, Krieger, J., & **Stellefson, M.** (2016, April). *Exploring change processes and mHealth literacy in smoking cessation apps: Implications for patients living with COPD*. Abstract accepted for presentation at the 2016 Kentucky Conference on Health Communication, Lexington, KY.

99. **Stellefson, M.,** Shuster, J., Chaney, B., Alber, J., Sriram, P. S., Paige, S.\*, & Chaney, J.D. (2016, March). *Exploring predictors of eHealth literacy in Chronic Obstructive Pulmonary Disease (COPD): Results from a national cross-sectional survey*. Abstract accepted for presentation at the Society for Public Health Education (SOPHE) 67th Annual Meeting, Charlotte, NC.

98. Paige, S. R.\*, **Stellefson, M.**, & Alber, J. (2016, March). *Motivational factors and mHealth literacy strategies in smoking cessation apps: A content analysis with implications for COPD self-management*. Abstract accepted for poster presentation at the Society for Public Health Education (SOPHE) 67th Annual Meeting, Charlotte, NC.

97. Paige, S. R.\*, **Stellefson, M.**, Krieger, J. L., Alber, J. M., Chaney, B. H., & Chaney, J. D. (2016, March) *Visual communication tools and sources of efficacy information on Chronic Obstructive Pulmonary Disease (COPD) Pinterest pinboards: A social media content analysis*.  Abstract accepted for technology roundtable session at the Society for Public Health Education (SOPHE) 67th Annual Meeting, Charlotte, NC.

96. Alber, J. M.\*, Paige, S. R.\*, **Stellefson, M.**, & Bernhardt, J. M. (March, 2016). *Social media use among Certified Health Education Specialists and Master Certified Health Education Specialists (CHES/MCHES): Exploring current beliefs and barriers to access*. Abstract accepted for poster presentation at the SOPHE 67th Annual Meeting, Charlotte, NC.

95. Alber, J. M.\*, Bernhardt, J. M., **Stellefson, M.**, & Paige, S. R.\* (March, 2016). *Documenting 15 years (2000-2015) of SOPHE achievements: Recent developments and contributions to the field of health education*. Abstract accepted for oral presentation at the SOPHE 67th Annual Meeting, Charlotte, NC.

94. Paige, S. R.\*, Krieger, J. L., & **Stellefson, M.** (2016, March). *Measuring trust in online health communication channels: An audience segmentation analysis*. Abstract accepted for poster presentation at the University of Florida’s College of Health and Human Performance’s D.K. Stanley Lecture Research Poster Symposium, Gainesville FL.

93. **Stellefson, M.**, Alber, J.\*, Paige, S. R.\*, Sriram, P. S., Godfrey, L., & Mercado, R. (2015, November). *Determining care coordination research priorities in Chronic Obstructive Pulmonary Disease (COPD): An eDelphi study with community stakeholders*. Abstract accepted for presentation at the 143rd American Public Health Association (APHA) Annual Meeting and Exposition, Chicago, IL.

92. **Stellefson, M.**, Paige, S. R.\*, Alber, J.\*, Sriram, P. S., Godfrey, L., & Mercado, R. (2015, November). *Engaging stakeholders to determine the role and functionality for an online comparative effectiveness research community in Chronic Obstructive Pulmonary Disease (COPD)*. Abstract accepted for presentation at the 143rd American Public Health Association (APHA) Annual Meeting and Exposition, Chicago, IL.

91. James, D. C. S., **Stellefson, M.**, & Harville, C.\* (2015, November). *Measuring health information technology use and eHealth literacy among African Americans*. Abstract accepted for presentation at the 143rd American Public Health Association (APHA) Annual Meeting and Exposition, Chicago, IL.

90. Paige, S. R.\*, **Stellefson, M.**, Alber, J.\*, & Anderson-Lewis, C. (2015, November). *Health literacy universal precaution tools used in chronic disease self-management interventions: A systematic review*. Abstract accepted for presentation at the 143rd American Public Health Association (APHA) Annual Meeting and Exposition, Chicago, IL.

89. Alber, J.\*, **Stellefson, M.**, Bernhardt, J. M., Mercado, R., & Paige, S. R.\* (2015, November).*Self-efficacy of health education specialists to use social media: Implications for training and organizational development*. Abstract accepted for poster presentation at the 143rd American Public Health Association (APHA) Annual Meeting and Exposition, Chicago, IL.

88. Alber, J.\*, Bernhardt, J. M., **Stellefson, M.**, Weiler, R., Anderson-Lewis, C., MacInnes, J., & Miller, M. D. (2015, November). *Assessing the readiness of health education specialists to use social media: The development of the Social Media Competency Inventory*.  Abstract accepted for presentation at the 143rd American Public Health Association (APHA) Annual Meeting and Exposition, Chicago, IL.

87. Paige, S. R.\*, Black, D. R., & **Stellefson, M.** (2015, November). *Adherence to federal plain language guidelines: A content analysis of physical activity informational websites*. Abstract accepted for presentation at the 143rd American Public Health Association (APHA) Annual Meeting and Exposition, Chicago, IL.

86. James, D. C., Harville, C.\*, Efunbumi, M.\*, **Stellefson, M.**, & Sears, C.\* (2015, October). *Strategies to recruit African Americans into mHealth weight management programs*. Abstract accepted for presentation at the 2015 Food & Nutrition Conference & Expo, Academy of Nutrition and Dietetics, Nashville, TN.

85. Alber, J.\*, **Stellefson, M.**, Paige, S. R.\*, & Chaney, J. D. (2015, April). *Are U.S. state health departments maximizing their use of social media to increase accessibility and availability of health information to the public?* Abstract accepted for presentation at the Society for Public Health Education (SOPHE) Annual Meeting, Portland, OR.

84. Paige, S. R.\*, **Stellefson, M**., & Alber, J.\* *Pinterest as a social media resource for health information on Chronic Obstructive Pulmonary Disease (COPD): A content analysis.* (2015, March). Abstract accepted for presentation at the UF College of Health and Human Performance Stanley Lecture Poster Session, Gainesville, FL.

83. Paige, S. R.\*, **Stellefson, M.**, Rodgers, J. L., & Alber, J.\* (2015, March). *Health literacy universal precautions in chronic disease self-management: A systematic review*. Abstract accepted for presentation at the University of Florida 10th Annual Conference of the Social Sciences, Gainesville, FL.

82. Chaney, B., Barry, A., Cremeens, J., Martin, R. J., **Stellefson, M. L.**, Smith, K. V. (2014, November). *Psychometric properties of a single-item assessing drunkenness to identify hazardous drinking: A replication study*. Abstract accepted for presentation at the American Public Health Association (APHA) Annual Meeting, New Orleans, LA.

81. **Stellefson, M.**, Bernhardt, J., Ellison, J., Alber, J.\*, Chaney, B., & Chaney, J. D. (2014, June). *Development of a virtual advisory board for comparative effectiveness research in Chronic Obstructive Pulmonary Disease (COPD)*. Abstract accepted for presentation at Clinical and Translational Science Institute (CTSI) Research Day, University of Florida, Gainesville, FL.

80. **Stellefson, M.**, Bernhardt, J., Sriram, P. S., Chaney, B., & Chaney, J. D. (2014, June). *Translational health research in Chronic Obstructive Pulmonary Disease (COPD)*. Abstract accepted for presentation at Clinical and Translational Science Institute (CTSI) Research Day, University of Florida, Gainesville, FL.

79. **Stellefson, M.**, Chaney, B., Chaney, J. D., Sriram, P. S., Walsh-Childers, K., Payne-Purvis, C.\*, & Paige, S. R.\* (2014, June). *Mixed-method usability evaluation of an online Chronic Obstructive Pulmonary Disease (COPD) respiratory therapy video resource center*. Abstract accepted for presentation at Clinical and Translational Science Institute (CTSI) Research Day, University of Florida, Gainesville, FL.

78. Barry, A. E., Howell, S., & **Stellefson, M. L.** (2014, May). *Examining the relationship between student drinking and college football: A field-based assessment of intoxication during low- & high-profile game weekends*. Abstract accepted for presentation at American College Health Association (ACHA) Annual Meeting, San Antonio, TX.

77. **Stellefson, M. L.**, Chaney, B., Chaney, D., Bernhardt, J., Clanton, T., & Sriram, P. S. (2014, April). *Expert heuristic evaluation of online COPDFlix patient education center*. Abstract accepted for presentation at Translational Science 2014, Washington, DC.

76. Barry, A. E., Howell, S. M., Bopp, T. D., & **Stellefson, M. L.** (2014, April). *Collegiate football and drinking: Examining the impact of subjective and objective measures of game profile on student and non-student intoxication*. CSRI Conference on College Sport, Columbia, SC.

75. Barry, A. E., Piazza-Gardner, A. K.\*, Dodd, V., **Stellefson, M. L.,** & Chaney, B. H. (2014, March). The impact of pregaming on intoxication levels: A field-based assessment. 14th Annual American Academy of Health Behavior Meeting, Charleston, South Carolina.

74. **Stellefson, M.**, Chaney, B., & Chaney, J. D. (2014, March). *Social media content analysis of COPD patient education videos*. Abstract accepted for presentation at the Society for Public Health Education Annual Meeting, Baltimore, MD.

73. Barry, A., **Stellefson, M.,** &Chaney, B.(2013, November). *Do designated drivers drink? An event-level analysis of impairment levels among designated drivers.* Abstract accepted for presentation at the American Public Health Association (APHA) Annual Meeting, Boston, MA.

72. Barry, A., Chaney, B., & **Stellefson, M.** (2013, November). *Assessing the validity of a single-item assessing drunkenness.* Abstract accepted for presentation at the American Public Health Association (APHA) Annual Meeting, Boston, MA.

71. Payne-Purvis, C.\*, Menn, M.\*, Chaney, B., Chaney, J. D., & **Stellefson, M.** (2013, November). *Exploring disordered eating among college females using the objectification theory.* Abstract accepted for presentation at the American Public Health Association (APHA) Annual Meeting, Boston, MA.

70. Payne-Purvis, C.\*, Menn, M.\*, Chaney, D., Chaney, B., & **Stellefson, M.** (2013, November). *Exploring disordered eating among college males using the objectification theory.* Abstract accepted for presentation at the American Public Health Association (APHA) Annual Meeting, Boston, MA.

69. **Stellefson, M.**, Chaney, B., Walsh-Childers, K., Sriram, P. S., Chaney, J. D., & Tennant, B.\* (2013, June). *Usability evaluation of a social media resource center for COPD self-management*. Abstract accepted for presentation at Clinical and Translational Science Institute (CTSI) Research Day, University of Florida, Gainesville, FL.

68. **Stellefson, M.**, Chaney, B., Walsh-Childers, K., Sriram, P. S., & Tennant, B.\* (2013, June). *Web 2.0 chronic disease self-management support: A systematic review of interventions for older adults*. Abstract accepted for presentation at Clinical and Translational Science Institute (CTSI) Research Day, University of Florida, Gainesville, FL.

67. **Stellefson, M.**, Chaney, B., Walsh-Childers, K., Sriram, P. S., & Chaney, J. D. (2013, April). *COPDFlix: A social media resource center for patient-centered self-management training.* Abstract accepted for presentation at Translational Science 2013, Washington, DC.

66. Barry, A. E., Howell, S. M., Bopp, T. D., **Stellefson, M. L.**, Chaney, B. H., Gardner-Piazza, A. K.\*, & Payne-Purvis, C.\* (2013, April). *Examining the association between alcohol consumption and college football opponent quality*. Abstract accepted for presentation at the College Sport Research Institute Conference on College Sport, Chapel Hill, NC.

65. Barry, A., & **Stellefson, M.** (2013, April). *Drinking behaviors of high school students who intend to join the military*. Abstract accepted for presentation at the Society for Public Health Education (SOPHE) Annual Meeting, Orlando, FL.

64. **Stellefson, M.**, Hanik, B., Chaney, J. D., & Tennant, B.\* (2013, April). *Using Q-methodology to examine eHealth searches among health education students*. Abstract accepted for presentation at the American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD) National Convention and Exposition, Charlotte, NC.

63. Chaney, D., Menn, M.\*, **Stellefson, M. L.**, & Alber, J.\* (2013, April). *Are you optimized? How SEO can aid in program recruitment*. Seminar session accepted for presentation during the HEDIR Technology Seminar at the American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD) National Convention and Exposition, Charlotte, NC.

62. **Stellefson, M.**, Chaney, B., Chavarria, E.\*, Tennant, B.\*, Walsh-Childers, K., Sriram, P. S., & Zagora, J.\*\* (2013, April). *A Web 2.0 resource center for patient-centered COPD self-management*. Seminar session accepted for presentation during the HEDIR Technology Seminar at the American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD) National Convention and Exposition, Charlotte, NC.

61. Chaney, B., Barry, A., Chaney, J. D., **Stellefson, M.**, & Webb, M.\* (2013, February) *Utilizing Camtasia technology to conduct cognitive interviews in health education research*. Abstract accepted for presentation at the Digital Health Communication Extravaganza (DHCX), Orlando, FL.

60. **Stellefson, M.**, Chaney, B., Barry, A., Chaney, J. D., Tennant, B.\*, Chavarria, E.\*, Walsh-Childers, K., & Sriram, P.S. (2013, February). *Interactive health communication for chronic disease self-management: A systematic review of Web 2.0 interventions for older adults*. Abstract accepted for presentation at the Digital Health Communication Extravaganza (DHCX), Orlando, FL.

59. Menn, M. \*, Chavarria, E. \*, Payne-Purvis, C. M. \*, Chaney, B. H., **Stellefson, M.L.**, & Chaney, J. D. (2012, October). *Assessing undergraduate students’ perceptions and misperceptions regarding health educators’ roles and responsibilities.* Abstract accepted for presentation at the American Public Health Association Annual Meeting and Exposition, San Francisco, CA.

58. Chaney, J. D., Menn, M.\*, **Stellefson, M. L.**, Chavarria, E.\*, & Alber, J. (2012, October). *Social media and public health education: The mother lode of tools*. Abstract accepted for presentation at the Society for Public Health Education Annual Meeting, San Francisco, CA.

57. Chaney, J. D., Menn, M.\*, Chaney, B. H., & **Stellefson, M. L.** (2012, October). *Training the public health workforce: The golden rules to designing online courses*. Abstract accepted for presentation at the Society for Public Health Education Annual Meeting, San Francisco, CA.

56. **Stellefson, M.**, Chaney, B., Walsh-Childers, K., Sriram, P. S., & Tennant, B.\* (2012, June). *Design and feasibility testing of patientflix.com for COPD self-management education*. Abstract accepted for presentation at CTSI Research Day, Clinical and Translational Sciences Institute, University of Florida, Gainesville, FL.

55. Chaney, J. D., Menn, M.\*, & **Stellefson, M. L.** (2012, March). *An intra-departmental approach to developing an e-learning course*. Abstract accepted for presentation at the American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD) National Convention and Exposition, Boston, MA.

54.Tennant, B.\*, & **Stellefson, M.** (2012, March). *Preventing childhood and adolescent obesity: Interventions utilizing an ecological model*. Abstract accepted for presentation at the American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD) National Convention and Exposition, Boston, MA.

53.Barry, A., Chaney, B., **Stellefson, M.**, & Chaney, D. (2012, March). *Reducing survey error: A practitioner’s guide to scale development*. Abstract accepted for presentation at the American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD) National Convention and Exposition, Boston, MA.

52.  **Stellefson, M. L.,** Hanik, B.\*, Chaney, J. D., Tennant, B.\*, & Chaney, B. (2012, March). *Assessment of e-health literacy among health education students*. Abstract accepted for presentation at the American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD) National Convention and Exposition, Boston, MA.

51. **Stellefson, M.** (2012, March). *Incorporating tailored messaging in patient education DVDs for COPD patients*. Seminar session accepted for presentation during the HEDIR Technology Seminar at the American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD) National Convention and Exposition, Boston, MA.

50. Chaney, J. D., **Stellefson, M.**,Bernhardt, J., & Menn, M.\* (2012, March). *Development of an online 2+ program in health education*. Seminar session accepted for presentation during the HEDIR Technology Seminar at the American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD) National Convention and Exposition, Boston, MA.

49. **Stellefson, M.,** Chaney, J. D., Hanik, B., Chaney, B., & Tennant, B.\* (2012, February). *Professional preparation needs and opportunities in eHealth literacy*. Abstract accepted for presentation at the Digital Health Communication Extravaganza (DHCX), Orlando, FL.

48. Menn, M.\*, Chavarria, E.\*, Chaney, D., & **Stellefson, M.** (2011, November). *Assessment of eHealth sources among young adults: Utilizing a systematic literature review to inform health promotion practice*. Abstract accepted for presentation at the Society for Public Health Education (SOPHE) Annual Meeting, Washington, DC.

47. Menn, M.\*, Chavarria, E.\*, Senick, S.\*, Chaney, J. D., Chaney, B., & **Stellefson, M.** (2011, November). *Intersection of health, social media, and technology: How do college students obtain health information?* Abstract accepted for roundtable presentation at the American Public Health Association (APHA) Annual Meeting, Washington, DC.

46. Bernhardt, J. M., **Stellefson, M.**, & Hall, A.\* (2011, November). *Healthy aging 2.0: The power of new media and technology*. Abstract accepted for oral presentation at the American Public Health Association (APHA) Annual Meeting, Washington, DC.

45. Tennant, B.\*, & **Stellefson, M.** (2011, April). *The effects of self-management education on COPD self-efficacy: A literature review*. Abstract accepted for presentation at the Spotlight on Research in Aging, Department of Aging and Geriatric Research, University of Florida, Gainesville, FL.

44. Chaney, J. D., **Stellefson, M.**, & Alderman, W.\*\* (2011, April). *Collaborative approach to distance education*. Seminar session accepted for presentation during the HEDIR Technology Seminar at the American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD) National Convention and Exposition, San Diego, CA.

43. **Stellefson, M. L.,** Yannessa, J. F., & Martel, G. F. (2011, April). *Comparative quality of aging and psychological predictors on fall-related outcomes*. Abstract accepted for presentation at the American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD) National Convention and Exposition, Indianapolis, IN.

42. Yannessa, J. F., M'Cormack, F. A. D., M'Cormack-Hale, F., & **Stellefson, M.** (2011, January). *Attitudes predictive of healthcare location selection among pregnant and lactating Muslim teens in rural Sierra Leone*. Abstract accepted for presentation at the Second Annual International Conference on the Health Risks of Youth, Cancun, Mexico.

41. Chaney, J. D., Chaney, B., & **Stellefson, M. L.** (2010, November). *Advocacy 2.0: Using Web 2.0 to advocate for the profession*. Abstract accepted for presentation at the 2010 Society for Public Health Education (SOPHE) National Meeting, Denver, CO.

40. **Stellefson, M. L.**, Hanik, B. H.\*, Chaney, J. D., & Chaney, B. (2010, November). *Pre-conceived expectations not always predictive of actual ability: E-health literacy skills among college students*. Abstract accepted for concurrent presentation at the 2010 Society for Public Health Education (SOPHE) National Meeting, Denver, CO.

39. **Stellefson, M. L.**, Chaney, J. D., & Chaney, B. (2010, November). *Reaching the optimum potential of distance learning in health education through properly marketing non-traditional college-level course*s. Abstract accepted for presentation at the 2010 Society for Public Health Education (SOPHE) National Meeting, Denver, CO. Selected to be featured during *College Health Poster Promenade*.

38. **Stellefson, M. L.,** Darden, G., Cartisano, R., & Laurenzo, K.\*\*(2010, March).*Coordinating the Swain Scholars Community Health Outreach Program*.   
Abstract accepted for presentation at the American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD) National Convention and Exposition, Indianapolis, IN.

37. **Stellefson, M. L.,** Eells, C.\*\*, Gebauer, T.\*\*, Laurenzo, K.\*\*, & Tomlinson, S.\*\*(2010, February).*The Swain Scholars Program: A multidisciplinary approach to community health*. Abstract accepted for oral presentation at Coastal Carolina University’s Celebration of Inquiry, Conway, SC.

1. **Stellefson, M.**, Barry, A., Chaney, B. H., Chaney, J. D., & Hanik, B.\* (2010, February). *Developing a marketing plan for the emerging profession of health education*. Abstract accepted for presentation at the Southern District Alliance for Health, Physical Education, Recreation, and Dance (SDAHPERD) Convention, Myrtle Beach, SC.
2. **Stellefson, M.**, Yannessa, J. F., & Martel, G. F. (2010, February). *Preventing elder falls in the home through a comprehensive falls risk assessment instrument*. Abstract accepted for presentation at the Southern District Alliance for Health, Physical Education, Recreation, and Dance (SDAHPERD) Convention, Myrtle Beach, SC.
3. **Stellefson, M.**, Chaney, B. H., & Chaney, J. D. (2009, November). *DVD self-management education improves health-related quality of life among rural COPD patients*. Poster accepted for presentation during the 2009 Society for Public Health Education (SOPHE) National Meeting, Philadelphia, PA.
4. **Stellefson, M.**, Hanik, B.\*, Chaney, B. H., & Chaney, J. D. (2009, November). *Using non-traditional factor retention strategies in health education EFA research*. Poster accepted for presentation during the 2009 Society for Public Health Education (SOPHE) National Meeting, Philadelphia, PA.
5. **Stellefson, M. L.**, Hanik, B. W.\***,** Chaney, B. H., & Chaney, J. D. (2009, March).*Examining the future of tailored messaging in health education*. Poster accepted for presentation during the 2009 American Academy of Health Behavior (AAHB) Meeting, Hilton Head, SC.
6. **Stellefson, M. L.**, Eddy, J. M.**,** Chaney, B. H., & Chaney, J. D. (2009, March).*Facilitating behavior change through health education and health marketing processes*. Poster accepted for presentation during the 2009 American Academy of Health Behavior (AAHB) Meeting, Hilton Head, SC.
7. Icke, A., **Stellefson, M.**, Chaney, J. D., & Chaney, E. H. (2009, March). *Application of Moodle within health education and promotion*. Seminar session accepted for presentation during the HEDIR Technology Seminar at the American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD) National Convention and Exposition, Tampa, FL.
8. **Stellefson, M. L.**, Chaney, B. H., Chaney, J. D., & Hanik, B. W.\*(2008, October).*Using qualitative research methods to develop chronic disease self-management education programs*. Poster accepted for presentation during the 2008 Society for Public Health Education (SOPHE) National Meeting, San Diego, CA.
9. **Stellefson, M. L.** (2008, October).*Preventing falls in the home through the development of the Self-Administered Fall Evaluation (SAFE) tutorial*. Concurrent oral session accepted for presentation during the 2008 Society for Public Health Education (SOPHE) National Meeting, San Diego, CA.
10. **Stellefson, M. L.**, Chaney, J. D., & Chaney, B. H.(2008, October). *Current state of the digital divide in health education*. Concurrent oral session accepted for presentation during the 2008 Society for Public Health Education (SOPHE) National Meeting, San Diego, CA.
11. **Stellefson, M. L.**, Chaney, J. D., Chaney, B., & Eddy, J. M. (2008, April). *Efficacy of DVD technology in COPD self-management education of rural patients*. Seminar session accepted for presentation during the HEDIR Technology Seminar at the American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD) National Convention and Exposition, Fort Worth, TX.
12. **Stellefson, M. L.**, Chaney, B., Chaney, J. D., Eddy, J. M., & Ballard, D. J. (2008, April). *Securing an NIH-AHRQ dissertation grant for health services research*. Poster accepted for presentation at the American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD) National Convention and Exposition, Fort Worth, TX.
13. **Stellefson, M. L.**, Hanik, B. W., Voyer, N., Chaney, B., Chaney, J. D., & Eddy, J. M. (2008, April). *Preparing students to market and advocate for health education*. Poster accepted for presentation at the American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD) National Convention and Exposition, Fort Worth, TX.
14. **Stellefson, M. L.** (2008, February). *Efficacy of DVD technology in COPD self-management education of rural patients*. Oral session accepted for presentation at the Southwest Educational Research Association Annual Meeting, Division 6: *Graduate Student Work-In-Progress*, New Orleans, LA.
15. **Stellefson, M. L.**, & Hanik, B. (2008, February). *Strategies for determining the number of factors to retain in exploratory factor analysis*. Oral session accepted for presentation at the Southwest Educational Research Association Annual Meeting, Division 3: *Methodology*, New Orleans, LA.
16. **Stellefson, M. L.,** Chaney, B., Chaney, J. D., Eddy, J., & Voyer, N.(2007, August). ***Integrating health marketing strategies into a federally funded dissertation grant proposal: A student’s experience*.** Poster accepted for presentation at the National Conference on Health Communication, Marketing, and Media, Atlanta, GA.
17. **Stellefson, M. L.**, Hanik, B. W., Chaney, E. H., Chaney, J. D., & Eddy, J. M. (2007, March).  *A tutorial on calculating and interpreting regression coefficients in health behavior research*. Poster accepted for presentation at the American Academy of Health Behavior (AAHB) Scientific Conference, Savannah, GA.
18. **Stellefson, M. L.**, Chen, C., Zhang, J., Chaney, J. D., Chaney, B., & Eddy, J. M. (2007, March). *Engaging students in active discussion through the use of RSS technology in health education*. Poster accepted for presentation at the American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD) National Convention and Exposition, Baltimore, MD.
19. **Stellefson, M. L.**, Wang, Z., Klein, B., Chaney, B., Chaney, J. D., & Eddy, J. (2007, March). *Effects of cognitive dissonance on intentions to change diet and physical activity among college students*. Poster accepted for presentation at the American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD) National Convention and Exposition, Baltimore, MD.
20. **Stellefson, M. L.** & Hanik, B. (2007, January). *A tutorial on calculating and interpreting regression coefficients in health behavior research*. Poster accepted for presentation at the Texas A&M University Educational Research Exchange Symposium, College Station, TX.
21. **Stellefson, M. L.** (2007, January). *Strategies for determining the number of factors to retain in exploratory factor analysis*. Poster accepted for presentation at the Texas A&M University Educational Research Exchange Symposium, College Station, TX.
22. **Stellefson, M. L.** (2006, November). *Effects of cognitive dissonance on intentions to change diet and physical activity among college students*. Oral presentation at the Society for Public Health Education (SOPHE) Annual Conference, Boston, MA.
23. Chaney, J. D., Chaney, E. H., **Stellefson, M. L.**, & Eddy, J. M. (2006, November).  *Communicating and advocating for health and human rights: An ecological perspective on an ethical responsibility.* Poster accepted for presentation at the Society for Public Health Education (SOPHE) Annual Conference, Boston, MA.
24. Chaney, E. H.,Chaney, J. D., Eddy, J. M., **Stellefson, M. L.**,& Hanik, B. (2006, November). *Physicians’ attitudes toward intimate partner violence (IPV): A systematic review of the literature.* Poster accepted for presentation at the Society for Public Health Education (SOPHE) Annual Conference, Boston, MA.
25. **Stellefson, M. L.,** Eddy, J. M., Chaney, B., Chaney, D., & Hanik, B. (2006, November). *Marketing health promotion programs for assisted living residents: Determinants of participation.* Poster accepted for presentation at the Society for Public Health Education (SOPHE) Annual Conference, Boston, MA.
26. **Stellefson, M. L.**, St. Pierre, R., & Stellefson, W. M. (2006, May). *Utilizing the LEPP Model to plan continuing health education programs for the elderly*. Poster accepted for presentation at the Society for Public Health Education (SOPHE) Annual Mid-Year Conference, Las Vegas, NV.
27. Hensleigh, K. E., Chaney, J. D., **Stellefson, M. L**., & Eddy, J. M. (2006, April). *A qualitative analysis of student satisfaction with asynchronous web-based undergraduate courses in health education*. Poster accepted for presentation at the American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD) National Convention and Exposition, Salt Lake City, UT.
28. **Stellefson, M. L.**, Hensleigh, K. E., Chaney, J. D., & Hanik, B. (2006, April). *Indoor tanning behavior among adolescent females.* Poster accepted for presentation at the American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD) National Convention and Exposition, Salt Lake City, UT.
29. **Stellefson, M. L.**, Hensleigh, K. E., Chaney, J. D., & Hanik, B. (2006, April). *Body image satisfaction and sports supplement use among collegiate female athletes.* Poster accepted for presentation at the American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD) National Convention and Exposition, Salt Lake City, UT.
30. **Stellefson, M. L.**, Eddy, J. M., & Perko, M. (2006, March). *Incorporating entrepreneurial and marketing principles in worksite health promotion*. Oral session accepted for presentation at the Southern District Alliance for Health, Physical Education, Recreation, and Dance (SDAHPERD) Convention, Virginia Beach, VA.
31. Chaney, J. D.,Hensleigh, K. E., **Stellefson, M. L.**, & Eddy, J. M. (2006, March). *Technological strategies to enhance effectiveness of asynchronous distance education*. Poster accepted for presentation at the Southern District Alliance for Health, Physical Education, Recreation, and Dance (SDAHPERD) Convention, Virginia Beach, VA.
32. **Stellefson, M. L.** & Wang, Z. (2006, January). *Effects of cognitive dissonance on diet and physical activity behaviors in college students*. Poster accepted for presentation at the Texas A&M University Educational Research Exchange Symposium, College Station, TX.
33. Hensleigh, K. E., Chaney, J. D., **Stellefson, M. L.**, & Eddy, J. M. (2005, December). *An evaluation of student satisfaction with asynchronous web-based undergraduate courses in health education*. Poster accepted for presentation at the Society for Public Health Education (SOPHE) Annual Conference, Philadelphia, PA.
34. Hensleigh, K. E., **Stellefson, M.**, Chaney, J. D., & Eddy, J. M. (2005, April). *Comparison of selected quality indicators for on-campus and distance education courses.* Poster presented at the American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD) National Convention and Exposition, Chicago, IL.
35. **Stellefson, M.**, Eddy, J. M., Chaney, J. D., & Hensleigh, K. E. (2005, April). *Designing undergraduate health courses for online delivery.* Poster presented at the American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD) National Convention and Exposition, Chicago, IL.
36. Chaney, J. D., Eddy, J. M., Hensleigh, K. E., & **Stellefson, M. L.** (2005, April). *Utilizing a technological innovation in designing distance education courseware.* Poster presented at the American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD) National Convention and Exposition, Chicago, IL.

**HONORS, AWARDS, AND RECOGNITIONS**

**Outstanding Researcher Award** (2019-2020), East Carolina University, College of Health and Human Performance

* The *Outstanding Researcher Award* recognizes the sustained record of excellence in research of a faculty member in the College of Health and Human Performance at East Carolina University.

**Scholar-Teacher Award** (2019-2020), East Carolina University, College of Health and Human Performance

The *Scholar-Teacher Award* is among the most prestigious recognitions bestowed upon an East Carolina University faculty member. Award winners are recognized for effectively integrating research and creative activity in classroom teaching. The award winner excels in these two central facets of faculty responsibility.

**Honored Instructor Award** (Fall & Spring 2019), Campus Living and Residence Hall Association, East Carolina University

* The *Honored Instructor Award* recognizes invaluable faculty contributions to student learning. Faculty are recognized by one or more students residing in Campus Living for having made a significant impact on their educational experience.

**Health Sciences Author Recognition Award** (2019), Laupus Health Sciences Library, East Carolina University

* The *Health Sciences Author Recognition Award* is presented to East Carolina University faculty members who demonstrate dedication and scholarly contributions to education and research through the authorship of written works during the preceding academic year.

**Health Sciences Author Recognition Award** (2018), Laupus Health Sciences Library, East Carolina University

* The *Health Sciences Author Recognition Award* is presented to East Carolina University faculty members who demonstrate dedication and scholarly contributions to education and research through the authorship of written works during the preceding academic year.

**Charles S. Williams Service Award** (2017), College of Health & Human Performance, University of Florida

* The *Charles S. Williams Service Award* is presented to an employee of the College of Health & Human Performance in recognition of meritorious or distinguished service and/or accomplishments, which may or may not fall entirely within the scope of one's regular duties.

**Karen Denard Goldman Mentor Award** (2017), Society for Public Health Education (SOPHE)

* The *Karen Denard Goldman Award* recognizes a National SOPHE member in an academic or practice setting who has made a significant contribution to the preparation and/or performance of health educators and has successfully forged the link between practice and research.

**Technology Award** (2016), Society for Public Health Education (SOPHE)

* The *Technology Award* recognizes individuals or groups who have distinguished themselves by applying innovative, non-commercial technology in health education that can be broadly disseminated and has the potential to make a significant impact in health education practice.

**Outstanding Faculty Service on behalf of Graduate and Professional Students** (2015), Graduate Student Council, University of Florida

**Faculty Leadership Award** (2014-2015), Department of Health Education and Behavior, University of Florida

**First Author of RE-AIM Review Manuscript of the Year** (2013), “*Web 2.0 chronic disease self-management for older adults: A systematic review*”

* Award presented by the Translational Obesity Research Program, Human Nutrition, Foods and Exercise, Virginia Tech; & Department of Family Medicine, Carilion Clinic, Roanoke, VA.

**Co-Author of Research Study Covered by National Media** (2013), “Breath Alcohol Concentrations of Designated Drivers” Coverage by CBS, NBC, Fox News, NPR, NY Times, CTV News (Canada), Daily Mail (UK), MSN, Yahoo! News.

**Faculty Research Award** (2013), Department of Health Education and Behavior, University of Florida

* The *Faculty Research Award* recognizes the departmental faculty member with outstanding research productivity and contributions throughout the academic year.

**Horizon Award Recipient** (2011),American Association for Health Education

* The *Horizon Award* recognizes early-career health educators who have distinguished themselves as promising health educators through leadership, creativity, involvement in the profession, and health education practice in their setting.

**Ruth Abernathy Presidential Scholarship** (2008), American Alliance for Health, Physical Education, Recreation, and Dance (Amount Received $1,500)

**Will Rogers Institute Fellowship** (2008), Will Rogers Institute and the American Association for Health Education (Amount Received $10,000)

**Outstanding Doctoral Student Award** (2006-2007), Division of Health Education, Department of Health and Kinesiology, Texas A&M University

**Graduate Student Paper of the Year Award** (2006),“*Effects of cognitive dissonance on intentions to change diet and physical activity among college students*,” Society for Public Health Education (SOPHE)

**Spotlight Member** (2006)*, News & Views*, Volume 33, No. 6, November/December, Society for Public Health Education (SOPHE)

**GRADUATE/UNDERGRADUATE STUDENT MENTORSHIP**

**PhD Students (Committee Chair/Co-Chair/Member)**

**Williamson, Mary Margaret (Member)**. Department of Health Science, The University of Alabama.

**Graham, Jeanelle (Member)**. Department of Health Science, The University of Alabama.

**Loggins, Kyle (Member)**. Department of Health Science, The University of Alabama.

* Completion: December 2023
* Dissertation Title: Theory of Planned Behavior-Based Predictors of High-Intensity Drinking Behavior Among Undergraduate Students During College Home Football Games

**Lockhart, Jala (Chair).** Department of Health Science, The University of Alabama.

* Completion: Summer 2022
* Dissertation Title: Assessing Patient-Centered Cancer Communication Through a Secondary Analysis of HINTS Data and Question Prompt Lists Available on NCI-Designated Cancer Center Websites

**McFadden, Ny’Nika (Member)**. Department of Health Science, The University of Alabama.

* Completion: Spring 2022
* Dissertation Title: A Qualitative Exploration of Self-Care Behaviors for Disease and Symptom Management Among College Students with Type 1 Diabetes Mellitus

**Moore, John (Member)**. Department of Health Science, The University of Alabama.

* Completion: Summer 2022
* Dissertation Title: Adaptation Of a Survey Regarding Dental Hygiene Behaviors Among College Students: Application of The Theory of Planned Behavior

**Bond, Kiersten (Member)**. Department of Health Science, The University of Alabama.

* Completion: Spring 2022
* Dissertation Title: Factors Associated with Help-Seeking Intentions and Behaviors Among College Students with Suicidal Thoughts and Behaviors

**Ballard, Dashauna (Member)**. Department of Health Science, The University of Alabama.

* Completion: Spring 2022
* Dissertation Title: School Bullying in African American Adolescents: An Examination of Contributing Factors

**Paige, Samantha (Chair).** Department of Health Education & Behavior, University of Florida

* Completion: Summer 2018
* Dissertation Title: Developing an Instrument to Measure eHealth Literacy
* Awards/Recognitions:
  + Graduate Student Fellowship, College of Health and Human Performance, University of Florida (Primary Mentor: Dr. Michael Stellefson).
  + 2015 Society for Public Health Education (SOPHE) Student Patient Engagement Fellow ($2,000). Primary Mentor: Dr. Michael Stellefson.
  + SOPHE 2016 Graduate Student Research Paper Award ($250), *Health Literacy Universal Precaution Tools in Chronic Disease Self-Management Interventions: A Systematic Review*
  + 2017 PhD Student of the Year, Department of Health Education and Behavior, University of Florida
  + SOPHE 2017 Graduate Student Research Paper Award ($250), *Mobile Health Literacy Strategies in Smoking Cessation Apps: Implications for Health Education Research and Practice*
  + Ruth L. Kirschstein National Research Service Award (NRSA) Individual Predoctoral (F31) Fellowship (NIH/NHLBI)

**Wilson, Julia (Member)**. Department of Health Education & Behavior, University of Florida.

* Completion: Spring 2017
* Dissertation Title: Factors Affecting Participation in eHealth Research Among ROTC Cadets

**Sayedul-Huq, Mona (Member)**. Department of Health Education & Behavior, University of Florida.

* Completion: Spring 2017
* Dissertation Title: The Effect of Resilience on the Relationship Between Adverse Childhood Experiences (ACES) and Anxiety/Depression among Florida Juvenile Offenders

**Darville, Gabrielle (Co-Chair)**. Department of Health Education & Behavior, University of Florida.

* Completion: Summer 2016
* Dissertation Title: Tailoring Persuasive Digital Games to Increase Human Papillomavirus (HPV) Risk Perceptions, Improve Self-Efficacy and Increase Intention to Receive the HPV Vaccine among Male College Students
* Awards/Recognitions:
  + Outstanding International Scholar Award, University of Florida International Center
  + 2016 Society for Public Health Education (SOPHE) Vivian Drenckhahn Scholarship Award ($1,500)
  + 2018 Outstanding Young Alumni Award, College of Health and Human Performance, University of Florida

**Haider, Zeerak (Member)**. Department of Health Education & Behavior, University of Florida.

* Completion: Summer 2015
* Dissertation Title: Understanding the Physical Activity Behaviors of Muslim Female College Students

**Alber, Julia (Co-Chair).** Department of Health Education & Behavior, University of Florida

* Completion: Spring 2015
* Dissertation Title: The Development and Analysis of a Social Media Competency Inventory for Health Education Specialists
* Awards/Recognitions:
  + 2015 PhD Student of the Year, Department of Health Education and Behavior, University of Florida
  + Society for Public Health Education (SOPHE) Doctoral Fellowship Award

**Menn, Mindy (Member)**. Department of Health Education & Behavior, University of Florida.

* Completion: Summer 2014
* Dissertation Title: Distracted Driving Among Young Adults

**Chavarria, Enmanuel (Member)**. Department of Health Education & Behavior, University of Florida.

* Completion: Spring 2014
* Dissertation Title: Health Information Seeking on the Internet by College Men in Latino Fraternities

**Varnes, Julia (Chair).** Department of Health Education & Behavior, University of Florida.

* Completion: Summer 2013
* Dissertation Title: Body Image Disturbance, Objectification, and College Women: Comparing Collegiate Female Athletes and Non-Athletes

**Tennant, Bethany (Chair).** Department of Health Education & Behavior, University of Florida.

* Completion: Summer 2013
* Dissertation Title: eHealth Literacy and Social Media Use for Health Information Among Older Adults

**Buckley, Taryn (Member)**. Department of Health Education & Behavior, University of Florida.

* Completion: Spring 2013
* Dissertation Title: Can Self-Efficacy and Motivation to Participate in Physical Activity Predict Health-Related Quality of Life in Girls?

**Hanik, Bruce (Member).** Department of Health & Kinesiology, Texas A&M University.

* Completion: Spring 2011
* Dissertation Title: Electronic Health Information Literacy: An Investigation of the Electronic Health Information Knowledge and Skills of Health Education Majors

**Master’s Students (Committee Chair/Member)**

**Brock, Jay (Member).** Department of Health Science, The University of Alabama.

* Completion: Summer 2021

**Pettengill, Ethan (Member).** Department of Health Science, The University of Alabama.

* Completion: Summer 2021

**Meggie, Shantol (Chair).** Department of Health Education & Behavior, University of Florida.

* Completion: Summer 2016

**Coe, Paul (Chair).** Department of Health Education & Behavior, University of Florida.

* Completion: Spring 2016

**Carlson, Elizabeth (Chair).** Department of Health Education & Behavior, University of Florida.

* Completion: Fall 2015

**Sullivan, Emily (Chair).** Department of Health Education & Behavior, University of Florida.

* Completion: Summer 2015

**Sears, Cynthia (Member)**. Department of Health Education & Behavior, University of Florida.

* Completion: Spring 2015

**Sera-Josef, Carissa (Chair).** Department of Health Education & Behavior, University of Florida.

* Completion: Spring 2015

**Popper, Daniel (Chair).** Department of Health Education & Behavior, University of Florida.

* Completion: Spring 2015.
* Awards: Alpha Epsilon Lambda National Honor Society of Graduate and Professional School Students

**Ochipa, Kathleen (Chair).** Department of Health Education & Behavior, University of Florida.

* Completion: Spring 2013

**BS Honors Committees (Chair/Member)**

**Apperson, Avery (Chair).** Honors College, East Carolina University, Senior Honors Project Thesis.

* Anticipated Completion: Fall 2018
* Awards/Recognitions: 2018 Undergraduate Research/Creative Activity Grant Award, East Carolina University; Accepted into Brody School of Medicine, East Carolina University

**Durham, Kasey (Chair).** Department of Health Education & Behavior, University of Florida.

* Completion: Fall 2016

**Mercado, Roberto (Chair).** Department of Health Education & Behavior, University of Florida.

* Completion: Spring 2015

**Bush, Rachel (Member).** Department of Health Education & Behavior, University of Florida.

* Completion: Fall 2011

**Rucker, Kristin (Member).** Department of Health Education & Behavior, University of Florida.

* Completion: Fall 2011

**EDITORIAL APPOINTMENTS**

**Positions**

2020-2023 **Member, Editorial Board**, *International Journal of Environmental Research and Public Health* (Health Communication Section Board)

2019 **Consultant (Paid)**, Medbridge, Inc. Member of multidisciplinary consultant team that reviews the clinical accuracy and appropriateness of content in COPD patient education video series.

2019 **Invited Grant Reviewer**, Individual Fellowship Awards at the Université libre de Bruxelles (IF@ULB), Brussels, Belgium. Social Science and Humanities Section, Marie Sklodowska Curie Actions COFUND, European Commission (EU).

2018-2019 **Invited Guest Editor**, Special Issue, “Exploring the Role of Social Media in Health Promotion,” *International Journal of Environmental Research and Public Health*

2018 **Consultant (Paid)**, Mytonomy, Inc. Member of advisory board and reviewer of microlearning content for COPD and asthma patient experience clouds.

2018 **Invited Grant Review Panelist**, Special Emphasis Panel/Scientific Review Group **05** ZRG1 HDM C (59) R**,** PAR-15-279: Strategies to Increase Delivery of Guideline-Based Care to Populations with Health Disparities (R01)

2018 **Invited Grant Reviewer**, Maryland Industrial Partnerships (MIPS) Program, Maryland Technology Enterprise Institute, A. James Clark School of Engineering, University of Maryland (June)

2017 **Mail Reviewer**, Special Emphasis Panel/Scientific Review Group **05 ZRG1 HDM-C (59) R,** PAR-15-279: Strategies to Increase Delivery of Guideline-Based Care to Populations with Health Disparities (R01)

2016-2021 **Member, Editorial Board**, *American Journal of Health Behavior*

2016 **Reviewer**, Paper Submission Review Committee, The Workshop on Social Media for Older Adults, Eighth International Conference on Social Informatics (September 2016)

2016 **Textbook Reviewer**, *Community Health Education Methods: A Practical Guide, Third Edition*. Jones & Bartlett Publishers: Sudbury, MA (ISBN-13: 978-0763755331)

2016 **Article Editor**, Sage Open, Social Science Journals (June-July)

2016 **Invited Grant Reviewer,** Clinical Research Starter Grants, Great Ormond Street Hospital Children’s Charity, London, UK, (April)

2015-2016 **Invited Grant Reviewer,** Diabetes UK (The British Diabetic Association), Project Grants

2015-2016 **Invited Grant Reviewer,** University of Missouri Research Board, University of Missouri, Columbia, MO

2015 **Invited Grant Reviewer,** Quebec-Flanders Bilateral Research Cooperation Program, Fonds de Recherche du Quebec- Nature and Technology Branch, Quebec City, Canada (September)

2015 **Invited Grant Reviewer,** Opportunity Grants: 2014-2015 Research & Artistry Awards, Northern Illinois University (January)

2015 **Invited Guest Editor of Special Issue**, *American Journal of Health Education*, Volume: 46, Issue: 4, “Using Information and Communication Technologies to Prevent and Manage Behavioral Risk Factors Associated with Chronic Disease”

2013- **Member, Editorial Board**, *American Journal of Health Education*

2013- **Founding Member, Board of Associate Editors**, *Health Behavior and Policy Review*

2013 **Invited Grant Reviewer, Review Panel for the Advancing Informal STEM Learning (AISL) Program**, National Science Foundation (NSF), March 7-8, 2013

2011 **Invited Grant Reviewer, Research Growth Initiative (RGI)**, University of Wisconsin-Milwaukee (November)

2010-2013 **Member, Board of Associate Editors,** *American Journal of Health Education*

2006-2007 **Managing Editor,** *American Journal of Health Studies*, Texas A&M University, Department of Health and Kinesiology, College Station, TX. Responsible for managing the manuscript submission and disposition tracking, editorial board activity, subscriber database, subscription and back issue orders, printing operations, promotions, and subscriber retention for the *Journal*.

2005-2006 **Editorial Associate,** *American Journal of Health Studies*, Department of Health and Kinesiology, College Station, TX. Responsible for manuscript tracking, subscriber relations, printing operations, and managing article submissions for the *Journal*.

2004-2005 **Assistant to the Editor-in-Chief,** *American Journal of Health Studies*, Department of Health and Kinesiology, College Station, TX. Assisted with multiple publishing operations associated with the *Journal*.

**Manuscript Review Panels**

*American Journal of Public Health* (2020 – Present)

*Archives of Physical Medicine and Rehabilitation* (2018 – 2020)

*Digital Health* (2016 – Present)

*Evaluation and the Health Professions* (2012 – 2019)

*Health Education and Behavior* (2011 – Present)

*Health Promotion Practice* (2006 – Present)

*International Electronic Journal of Health Education* (2010 – 2013)

*Journal of Health Communication* (2015 – Present)

*Journal of Medical Internet Research* (2011 – Present)

*Journal of Rural Health* (2009 – Present)

*Journal of the American Medical Informatics Association* (2015 – Present)

**Abstract/Conference Paper Reviews**

ACM CHI Conference on Human Factors in Computing Systems (2017)

AAHE HEDIR Technology Seminar (2013)

National Conference on Health Communication, Marketing, and Media (2012)

AAHE HEDIR Technology Seminar (2012)

AAHPERD National Convention and Exposition, AAHE Program Proposals (2012)

SOPHE Annual National Meeting (2009)

SOPHE Annual National Meeting (2008)

Southwest Educational Research Association Annual Meeting (2008)

American Academy of Health Behavior Annual Meeting (2008)

AAHPERD National Convention and Exposition, *AAHE Research Coordinating Board* (2008)

SOPHE Annual National Meeting (2007)

AAHPERD National Convention and Exposition, *AAHE Research Coordinating Board* (2007)

## Invited Presentations (\* Graduate Student, \*\* Undergraduate Student)

Spratt, S.\*\*, Stewart, M.\*, Paige, S., & **Stellefson, M.** *Descriptive Content Analysis of Communication Features and Patient Education Resources Available on the Hepatitis B Foundation Website*. National Public Health Week Research Poster Symposium 2019. Greenville, NC: East Carolina Heart Institute (April 4, 2019)

Stewart, M.\*, Alber, J., Paige, S., & **Stellefson, M.** *COPD360social Online Community: Content Analysis of User-Generated Communication, Knowledge Translation and Member Recognition Features*. National Public Health Week Research Poster Symposium 2019. Greenville, NC: East Carolina Heart Institute (April 4, 2019)

Spratt, S.\*, Becker, C., & **Stellefson, M.** *Creating Chronic Wellness Using a Tree Model for Public Health*. National Public Health Week Research Poster Symposium 2019. Greenville, NC: East Carolina Heart Institute (April 4, 2019)

**Stellefson, M.**, & Bopp, T. *Development and Pilot Testing of Life After Sports Transition (LAST) Online Course for Graduating Collegiate Athletes*. Invited Grant Presentation, 2019 American Athletic Conference Academic Symposium, The University of Tulsa (March 29, 2019)

Darville, G.,Anderson–Lewis, C., **Stellefson, M.**, Lee, Y., MacInnes, J., Pigg, R. M., Gilbert, J., & Thomas, S. *Sexual Health Intervention Opportunities: Tailoring Avatars in a Digital Game for HPV Vaccine Uptake.* Invited Guest Lecture, Institute of Women Studies (IWS) Friday Speaker Series, The University of Georgia (March 2, 2018)

**Stellefson, M. L.,** Invited Speaker, *University of Florida (UF) Clinical and Translational Science Institute (CTSI)’s Pipeline-to-Proposal Awardee Presentation*. “Development of online comparative effectiveness research (CER) community for stakeholder engagement in Chronic Obstructive Pulmonary Disease (COPD).” UF CTSI, Implementation Science Program (October 7, 2014)

**Stellefson, M. L.,** Invited Key Informant Interview, *A Report on the Use of Social Media to Prevent Behavioral Risk Factors Associated with Chronic Disease.* eHealth Initiative (May 29, 2013)

**Stellefson, M. L.** Invited Keynote Speaker. American Association for Health Education (AAHE) Outstanding Undergraduate Health Education Majors of the Year Award (April 26, 2013)

**Stellefson, M. L.** Invited Speaker*, Research in the Department of Health Education and Behavior*, UF-Howard Hughes Medical Institute Science for Life Undergraduate Research Program (March 21, 2013)

**Stellefson, M. L.** Invited Interview, WUFT Channel 5 (Gainesville, FL), American Heart Association’s “Wear Red Day” (February 1, 2013)

**Stellefson, M. L.,** Invited Faculty Panelist*, I have my degree, now what can I do with it?* The Graduate Student Advisory Council Seminar Series, College of Health and Human Performance, University of Florida. (October 19, 2012)

**Stellefson, M. L.,** Invited Guest Lecture*, Safety First: What You Can Do to Prevent Falls,* Oak Hammock at the University of Florida Continuing Care Retirement Community (November 10, 2011)

**Stellefson, M. L.,** Invited Guest Lecturer, *An Overview of Commonly Used Health Behavior Theories in Nutrition Education,* FYC 6932 – Nutrition Education and Wellness Program, Planning and Evaluation, University of Florida. (February 17, 2011)

**Stellefson, M. L.,** Invited Panelist, *How to Get Involved in Undergraduate Research,* First Year Florida Undergraduate Seminar for Incoming Freshman, College of Health and Human Performance, University of Florida. (November 8, 2010)

Chaney, D., Chaney, B., & **Stellefson, M.L.** Invited Panelist, *Using New Media to Reach Students and/or Communities,* Webinar Series, Directors of Health Promotion and Education, Association of State and Territorial Health Officials. (October 27, 2010)

**Stellefson, M. L.,** Invited Faculty Panelist, *What You Need to Know to Have a Successful Professional Career After Graduating*, The Graduate Student Advisory Council Seminar Series, College of Health and Human Performance, University of Florida. (October 27, 2010)

**Stellefson, M. L.,** Invited Guest Panelist, *Coastal Today: An Inside Look at Coastal Carolina University*, Panelist for discussion on collaboration involving the Swain Scholars Program and the Little River Medical Center, Show #392, Time Warner Cable Channel 5. (Aired February 1-7, 2010)

**Stellefson, M. L.** Invited Guest Lecturer, *Utilizing the Priority-Sequence Model to Assess the Efficacy of Providing Targeted DVD Disease Self-Management Education to Rural COPD Patients*, 2009-2010 Seminar Series, Department of Health Education and Behavior,University of Florida. (November 16, 2009)

**Stellefson, M. L.,** Invited Guest Lecturer, *Making Sense of Health Care Reform*, League of Women Voters, Waccamaw Library, Pawley’s Island, SC. (October 12, 2009)

**Stellefson, M. L.,** Invited Guest Lecturer, *Efficacy of DVD Technology in Chronic Obstructive Pulmonary Disease Self-Management of Rural Patients*. Visionary Scholars Series, Center for the Study of Health Disparities, Department of Health and Kinesiology, Texas A&M University. (November 13, 2008)

**Stellefson, M. L.,** Invited Guest Lecturer, *Introduction to Health Marketing*, *Introduction to the Discipline* course, Texas A&M University. (November 8, 2007)

**Stellefson, M. L.,** Invited Panelist, *Funding Your Graduate* *Studies: National Graduate Fellowships and How to Compete for Them,* Graduate Fellows Seminar, Office of Proposal Development, Texas A&M University. (September 26, 2007)

**Stellefson, M. L.,** Invited Guest Lecturer, *Applying the 4 P’s of Health Marketing, Health Program Evaluation* course, Texas A&M University. (February 2, 2007)

**CREATIVE WORKS** **(\*\* Undergraduate Student)**

**Stellefson, M.,** & Wang, M.Q.(2014). COPDFlix Comparative Effectiveness Research (CER) Network. Virtual panel of community-based stakeholders including medically underserved patients with COPD, informal caregivers, clinicians, and research scientists. Provides low-computer literate social media forum to generate and evaluate patient-centered CER questions and hypotheses related to care coordination in COPD.

**Stellefson, M.**, Chaney, B., Wang, M.Q., & Chaney, D. (2013). COPDFlix Social Media Resource Center. Low computer-literate self-management education website for patients living with COPD. Provides registered users with unlimited access to collaborative forums containing patient education videos and multimedia instructional materials on COPD self-management.

**Stellefson, M.**, & Chaney, B. (2011). *Multimedia Education for COPD Patient Education*. Negotiated to secure all the rights, title, and interest to a library of COPD patient education videos developed under the auspices of an SBIR grant from the National Heart, Lung and Blood Institute (R43). Video content was initially developed by RVision Corporation™, through collaboration with a team of clinicians, including pulmonologists, respiratory therapists, physicians, exercise physiologists, and psychologists with expertise in behavior modification and COPD. Video content library comprises 167 unique segments with a running time of more than 2 hours and 28 minutes.

**Stellefson, M.**, Eells, C.\*\*, Gebauer, T.\*\*, Laurenzo, K.\*\*, & Tomlinson, S.\*\* (2010). *Diabetes Overview*. Customized DVD created with RVision™ Corporation and the *Swains Scholars* program at Coastal Carolina University. Granted a limited license to repurpose and distribute copyrighted material to diabetes patients treated at Little River Medical Center, a 501(c)(3) private, non-profit Community Health Center.

**Stellefson, M.**, Gebauer, T.\*\*, Laurenzo, K.\*\*, Tomlinson, S.\*\*, & Eells, C.\*\* (2010). *Diabetes Complications*. Customized DVD created with RVision™ Corporation and the *Swains Scholars* program at Coastal Carolina University. Granted a limited license to repurpose and distribute copyrighted material to diabetes patients treated at Little River Medical Center, a 501(c)(3) private, non-profit Community Health Center.

**Stellefson, M.**, Laurenzo, K.\*\*, Tomlinson, S.\*\*, Eells, C.\*\*, & Gebauer, T.\*\* (2010). *Diet and Exercise for Diabetics*. Customized DVD created with RVision™ Corporation and the *Swains Scholars* program at Coastal Carolina University. Granted a limited license to repurpose and distribute copyrighted material to diabetes patients treated at Little River Medical Center, a 501 (c)(3) private, non-profit Community Health Center.

**Stellefson, M.**, Tomlinson, S.\*\*, Eells, C.\*\*, Gebauer, T.\*\*, & Laurenzo, K.\*\* (2010). *Diabetes Summary*. Customized DVD created with RVision™ Corporation and the *Swains Scholars* program at Coastal Carolina University. Granted a limited license to repurpose and distribute copyrighted material to diabetes patients treated at Little River Medical Center, a 501 (c)(3) private, non-profit Community Health Center in Myrtle Beach, SC.

**Stellefson, M.** (2009). *COPD Self-Management Education*. Customized DVD developed in conjunction with RVision™ Corporation and the Office of Health Informatics at Texas A&M University. Granted a limited license to repurpose and distribute copyrighted material to COPD patients treated at Choctaw Urgent Care, a Certified Rural Health Clinic in Butler, Alabama.

**PROFESSIONAL DEVELOPMENT**

**Master Certified Health Education Specialist (MCHES®), 2018 – present:** Completed the requirements for MCHES certification set by the National Commission for Health Education Credentialing (NCHEC), Inc. MCHES #31166.

**Qualtrics Survey Development Workshop, 2014:** Completed the requirements for a workshop sponsored by the Office of Academic Technology at the University of Florida.

**GMS 6096 Introduction to NIH Grant Writing for Biomedical Sciences, 2013:** Completed the requirements for one credit grant writing and development course offered by the UF Clinical and Translational Science Institute (CTSI) Training and Professional Development Program in collaboration with the UF College of Medicine’s Department of Neurology.

**Statistical Package for the Social Science (SPSS) Workshop, 2013:** Completed the requirements for intermediate-level SPSS workshop sponsored by the Office of Academic Technology at the University of Florida. Course instruction included: exploratory data analysis; non-normal data transformations; creating charts, histograms, and box plots; performing parametric and non-parametric analyses; conducting power analyses.

**Statistics and Research Design, 2007:** Completed the requirements for several Summer Statistics Workshops offered through the Department of Educational Psychology at Texas A&M University. Courses included Survey Research Methods, Structural Equation Modeling, and Intermediate Statistics.

**Virtual Instructor Certification, 2006:** Completed the requirements for the

Virtual Instructor Certification Program sponsored by the Center for Distance

Learning Research at Texas A&M University.

**PROFESSIONAL SERVICE**

2021-Present **Society for Health Communication**

Member

2005-Present **Society for Public Health Education (SOPHE)**

Member, Communications Committee (2007-2014)

Member, Annual Meeting Planning Committee (2008)

Member, Awards Committee (2016-present)

2007-2009; 2017- **American Public Health Association**

Member

2018-2019 **SHAPE America**

Member

2013-2015 **Association for Clinical and Translational Science**

Member

2010-2013 **Task Force for Marketing the Profession of Health Education**

Member

2008-2009 **State and Territorial Injury Prevention Directors Association**

Student Member

2007-2010 **American Academy of Health Behavior**

Affiliate Member

2004-2013 **American Alliance for Health, Physical Education, Recreation, and Dance**

Student Services Committee (2007-2009)

2004-2013 **American Association for Health Education**

Member, Student Involvement Committee (2008-2012)

Development Team, Undergraduate Case Study Competition (2009, 2012)

Presider, National Convention, Fort Worth, TX (2008)

Presider (2 Sessions), National Convention, Baltimore, MD (2007)

2005-2006 **Coalition of National Health Education Organizations,**

*Health Education Advocacy Summit,* Washington, DC

Student Participant

2005-2008 **Eta Sigma Gamma**

Faculty Advisor, Alpha Pi Chapter, Texas A&M University (2008)

Vice President of Graduate Division, Alpha Pi Chapter, Texas

A&M University (2005-2006)

**INSTITUTIONAL GOVERNANCe**

2023 **Member,** FacultySearch Committee *– Tenure-Track Assistant Professor* positions (2), Department of Health Science, The University of Alabama

2022-2023 **Member**, P&T and Annual Evaluation Subcommittee,Department of Health Science, The University of Alabama

2022-present **Member**, BSPH/MPHCurriculum Committee,Department of Health Science, The University of Alabama

2021- **Member,** Curriculum Committee,Assessment Subcommittee, College of Human Environmental Sciences, The University of Alabama

2021 **Member,** FacultySearch Committee *– Assistant Professor (RCF)* and *Instructor* positions (2), Department of Health Science, The University of Alabama

2021-2023 **Member** (elected; At-Large), Promotion and Tenure Committee, College of Human Environmental Sciences, The University of Alabama

2021-2023 **Faculty Senate Alternate** (elected), Department of Health Science, College of Human Environmental Sciences, The University of Alabama

2021 **Member,** FacultySearch Committee *– Tenure Track Assistant Professor* position, Department of Health Science, The University of Alabama

2021-2023 **Chair**, Student Engagement Subcommittee for CEPH Preliminary Self-Study, Department of Health Science, The University of Alabama

2020-2021 **Member**, Crenshaw Leadership Academy Committee, College of Human Environmental Sciences, The University of Alabama

2019-2020 **Member**, Faculty Senate Agenda Committee, East Carolina University

2019-2020 **Faculty Senator Alternate** (elected), Department of Health Education and Promotion, East Carolina University

2019-2020 **East Carolina University Horizon LLC Faculty Mentor Program**

Faculty Mentor

2018-2020 **Member** (elected), Personnel Committee, Department of Health Education and Promotion, East Carolina University

2016-2017 **Member**, Leadership Council, Department of Health Education and Behavior, University of Florida

2016-2017 **Chair**, Communications and Event Planning Ad Hoc Committee, Department of Health Education and Behavior, University of Florida

2016 **Chair,** FacultySearch Committee *– Lecturer* position, Department of Health Education and Behavior, University of Florida

2016 **Member**, Tenure and Promotion Guidelines Review Committee, Department of Health Education and Behavior, University of Florida

2015-2017 **Member** (elected), Graduate Faculty Committee, College of Health and Human Performance, University of Florida

2015-2017 **Chair**, HEB Online Master’s Degree Committee, Department of Health Education and Behavior, University of Florida

2015-2016 **Chair,** Faculty/Center Director Search Committee *– Director, Center for Digital Health and Wellness*, *Associate/Full Professor,* Department of Health Education and Behavior, University of Florida

2015-2016 **Chair,** Faculty Search Committee *– Assistant/Associate/Full Professor* (3 open-rank tenure-track positions), Department of Health Education and Behavior, University of Florida

2015 **Chair,** FacultySearch Committee *– Lecturer* position, Department of Health Education and Behavior, University of Florida

2015 **Chair,** FacultySearch Committee *– Research Assistant Professor* position, Department of Health Education and Behavior, University of Florida

2014-2015 **Chair,** Faculty Search Committee *– Assistant/Associate/Full Professor* (3 open-rank tenure-track positions), Department of Health Education and Behavior, University of Florida

2014-2015 **Member**, Constitution Review Committee, College of Health and Human Performance, University of Florida

2014-2015 **Member**, Economic/Funding Workgroup & Outcome Assessment Team, ID15 Strategic Planning Initiative, College of Health and Human Performance, University of Florida

2014-2017 **Member**, Graduate Program Advisory Committee, Department of Health Education and Behavior, University of Florida

2014 **Managing Supervisor**, Center for Digital Health and Wellness, Department of Health Education and Behavior, College of Health and Human Performance, University of Florida (July)

2013-2017 **Member**, Annual Performance Review (APR) and Merit Committee *–* Department of Health Education and Behavior, University of Florida

2014 **Member,** Search Committee *–* *Academic Administrator & Lecturer*, Department of Health Education and Behavior, University of Florida

2014 **Member,** Search Committee, Fitness Director, Oak Hammock at the University of Florida, College of Health and Human Performance, Gainesville, FL

2013-2015 **Member,** Ad Hoc Committee on Governance*,* Department of Health Education and Behavior, University of Florida

2013-2014 **Member,** Search Committee *–* *Associate Dean for Academic and Student Affairs & Associate Dean for Faculty Affairs*, College of Health and Human Performance, University of Florida

2012-2017 **UF/Howard Hughes Medical Institute Science for Life Program**

Faculty Mentor

2012-2013 **Member,** Faculty Search Committee *– Assistant Professor,* Department of Health Education and Behavior, University of Florida

2012 **Member,** Search Committee *– Director for Online Education,* College of Health and Human Performance, Distance Education and Outreach, University of Florida

2012-2013 **Chair,** College Awards Committee, Representative from Department of Health Education and Behavior, College of Health and Human Performance

2011-2012 **Member,** College Awards Committee, Representative from Department of Health Education and Behavior, College of Health and Human Performance, University of Florida

2010-2011 **Member,** Faculty Search Committee *– Assistant Professor,* Department of Health Education and Behavior, University of Florida

2010-2012 **Member,** Distance Education Workgroup*,* Department of Health Education and Behavior, University of Florida

2010-2011 **Member,** Workgroup for Increasing and Strengthening Research*,* Department of Health Education and Behavior, University of Florida

2010-2012 **Chair,** Recognition Committee*,* Department of Health Education and Behavior, University of Florida

2009-2010 **Member,** Faculty Search Committee *– Assistant Professor,* Exercise and Sport Science; Coastal Carolina University; College of Natural and Applied Sciences; Department of Health, Kinesiology, and Sport Science

2009-2010 **Member,** Faculty Search Committee *– Assistant Professor,* Health Communication; Coastal Carolina University; [Edwards College of Humanities and Fine Arts](http://www.coastal.edu/humanities); Department of Communication

2008-2009 **Member,** Faculty Search Committee *– Chair,* Division of Health Education, Texas A&M University, Department of Health and Kinesiology

2007-2008 **Member,** Faculty Search Committee *– Clinical Assistant Professor,* Department of Health and Kinesiology, Division of Health Education, Texas A&M University

**SUMMARY OF COURSES TAUGHT**

**Texas A&M University**

*HLTH 210: Introduction to the Health Education and Promotion Discipline*

* Fall 2008, Spring 2009, Summer 2009

*HLTH 221: Safety*

* Fall 2008

*HLTH 231: Healthy Lifestyles*

* Fall 2004, Spring 2005, Summer 2005, Spring 2008, Summer 2008

*HLTH 331: Community Health*

* Spring 2009

*HLTH 403: Consumer Health*

* Fall 2005, Spring 2006, Summer 2006, Fall 2006, Spring 2007, Summer 2007, Fall 2007, Spring 2008, Summer 2008

**Coastal Carolina University**

*HPRO 201: Philosophy and Principles of Health Promotion and Education*

* Fall 2009

*HPRO 350: Community Health Promotion Strategies*

* Fall 2009, Spring 2010

*HPRO 382: Diseases and Disorders*

* Fall 2009, Spring 2010

*SWNS 301: Swain Scholars I* (new course development)

* Fall 2009

*SWNS 302: Swain Scholars II* (new course development)

* Spring 2010

**University of Florida**

*HSC 3201: Community and Environmental Health*

* Developed new online versions of course for 2+2 Florida and UFOnline Bachelor of Science (BS) degree programs in Health Education & Behavior
* Summer 2011, Fall 2011, Spring 2013, Fall 2015, Spring 2017

*HSC 3537: Health and Medical Terminology*

* Summer 2012

*HSC 4233: Patient Health Education*

* Summer 2015, Fall 2015, Spring 2016, Spring 2017

*HSC 4302: Methods and Materials in Health Education*

* Developed new online version of course for 2+2 Florida and UFOnline Bachelor of Science (BS) degree programs in Health Education & Behavior
* Fall 2011, Spring 2015, Spring 2017

*HSC 4664: Health Communication for Consumers*

* Summer 2011, Fall 2011, Summer 2014

*HSC 4912: Health Education and Behavior Undergraduate Research*

* Spring 2015, Summer 2015, Fall 2015, Spring 2016, Summer 2016, Fall 2016

*HSC 5536: Medical Terminology for the Health Professions*

* Summer 2012

*HSC 6235: Patient Health Education*

* Summer 2015, Spring 2016, Fall 2016, Spring 2017

*HSC 6603: Theories of Health Behavior and Practice in Health Education*

* Fall 2010, Spring 2011, Fall 2011, Spring 2012, Fall 2015

*HSC 6665: Health Communication*

* Fall 2011, 2012, Summer 2014

*HSC 6735: Research Methods in Health Education*

* Spring 2011

*HSC 7905: Advanced Independent Study in Health Education*

* *Summer 2015*

*HLP 7979: Advanced Research*

* Spring 2016, Summer 2016, Fall 2016

*HLP 7980: Research for Doctoral Dissertation*

* Spring 2015, Spring 2016, Summer 2016, Spring 2017

**East Carolina University**

*HLTH 2700: Medical Terminology for Public Health Professions*

* Spring 2020 (online), Summer Session 2 2020 (online)

*HLTH 3000: Theory and Practice in Community Health Education*

* On-campus: Fall 2017, Spring 2018, Fall 2018, Spring 2019, Fall 2019, Spring 2020
* Online (new course development): Summer Session 1 2018, 2019, 2020

*HLTH 3010: Health Problems*

* Summer Session 2 2019 (online)

*HLTH 4500: Chronic Disease Management* (Independent Study)

* Fall 2018

*HLTH 4500: Physical Literacy in Youth* (Independent Study*)*

* Spring 2019

*HLTH 4501: Social Media Content Analysis* (Independent Study)

* Fall 2018

*HLTH 4501: Health Promotion Research* (Independent Study)

* Spring 2018

*HLTH 4991: Health Education and Promotion Internship* (Research Supervisor)

* Summer 2 2019, Fall 2019

**The University of Alabama**

*HHE 375: Health Behavior Theory*

* Spring 2022
* Spring 2024

*HHE 446: Health Disparities*

* Fall 2020 (online)
* Fall 2021 (hybrid)
* Spring 2021 (hybrid)

*HHE 587: Health Disparities*

* Summer 2020 (online)
* Fall 2020 (online)
* Summer 2021 (online)
* Summer 2022 (online)
* Spring 2023 (online)
* Summer 2023 (online)

*HHE 605: Advanced Theoretical and Scientific Basis of Health Education and Health Promotion*

* Fall 2021
* Fall 2022
* Fall 2023